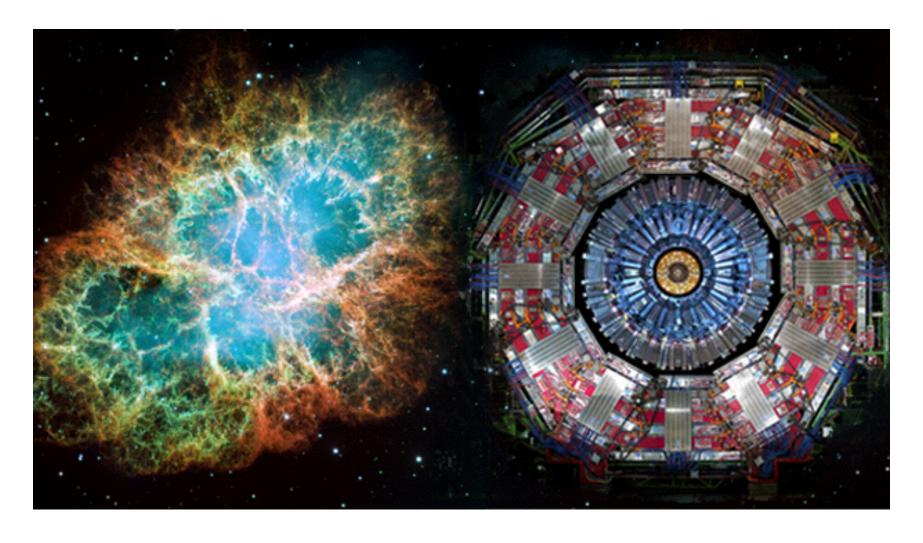
State of the Universe Address

Prof. Scott Watson (Syracuse University)

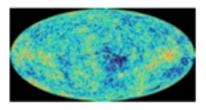


This talk is available online at: https://gswatson.expressions.syr.edu

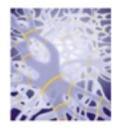




Theoretical Cosmology @ Syracuse







https://gswatson.expressions.syr.edu



Scott Watson
Ph.D. Brown University (2005)
Particle theory, String theory, and Cosmology

Research Associate:



Kuver Sinha
Ph.D. Rutgers University (2008)
Particle theory, String theory, and Cosmology

Graduate Students:



Ogan Ozsoy



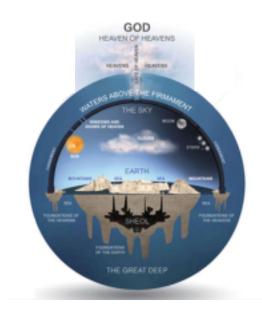
Gizem Sengor



Julian Georg

Early Days of Cosmology









Early Days of Cosmology

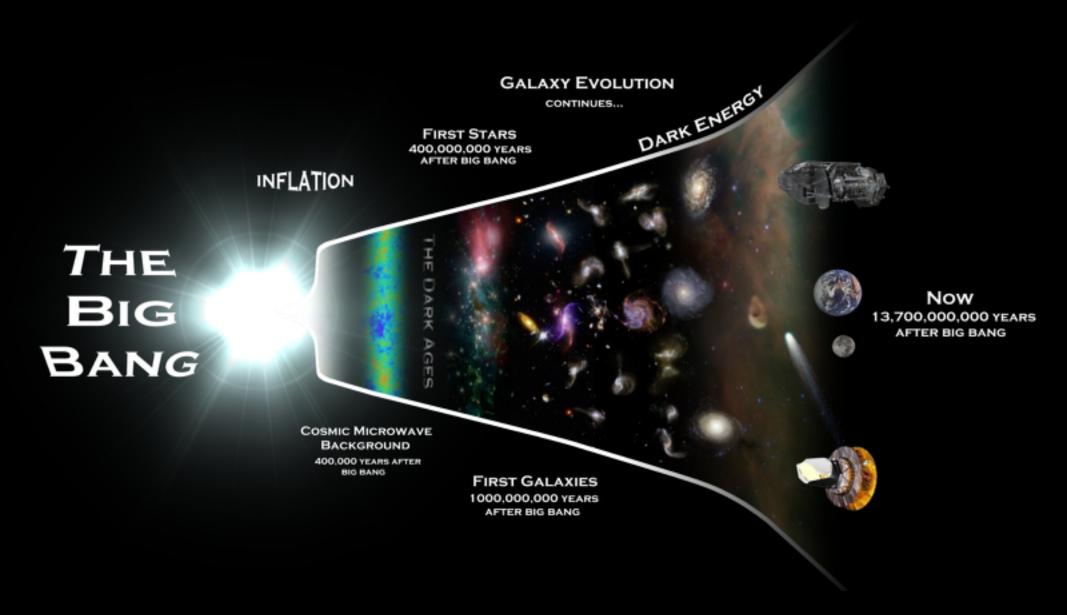


Cosmologists have learned that we are not at the center of the universe.



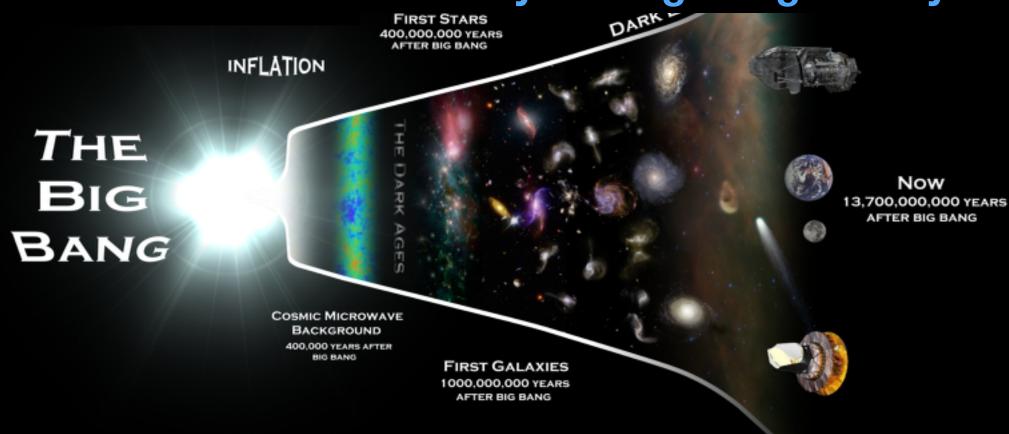


Today's Cosmological Standard Model

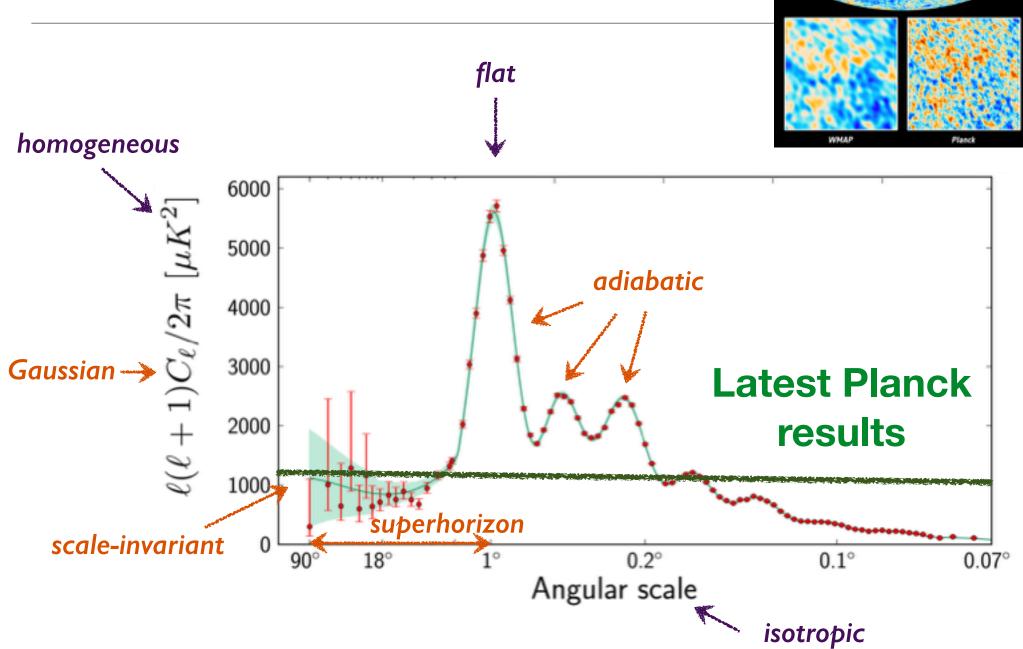




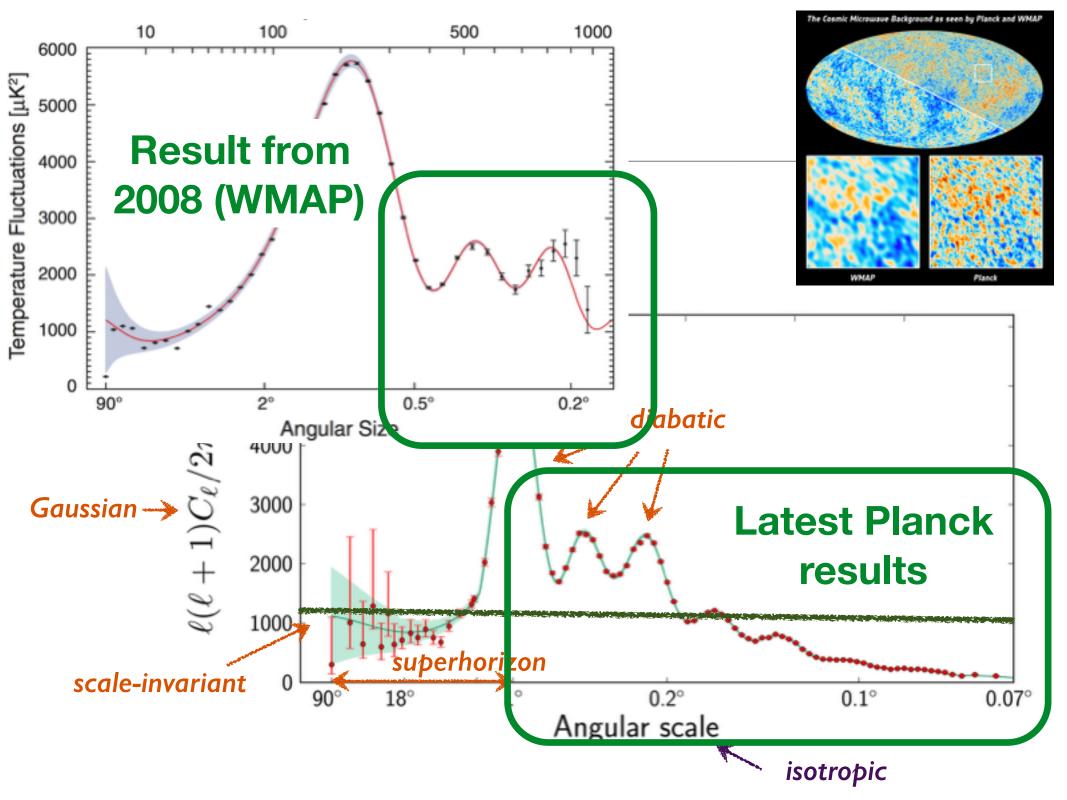
The Universe is expanding.
As it expanded it cooled.
This results in observational implications that allow us to verify the Big Bang Theory



Observations Agree with Theory



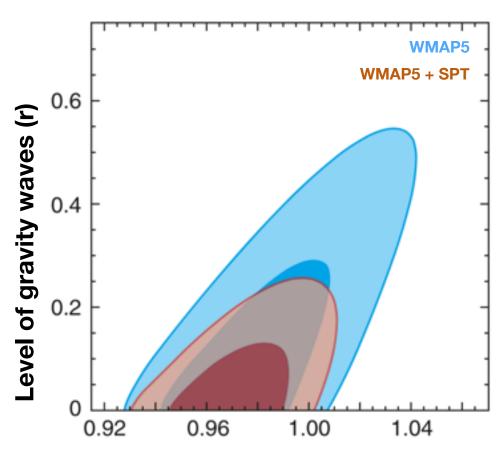
The Cosmic Microwave Background as seen by Planck and WMAP





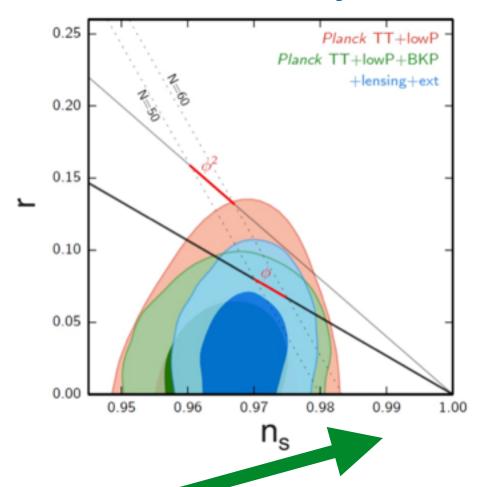






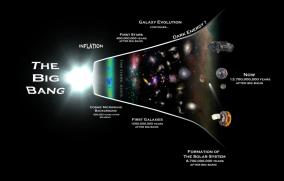
Departure from scale invariance (n_s)

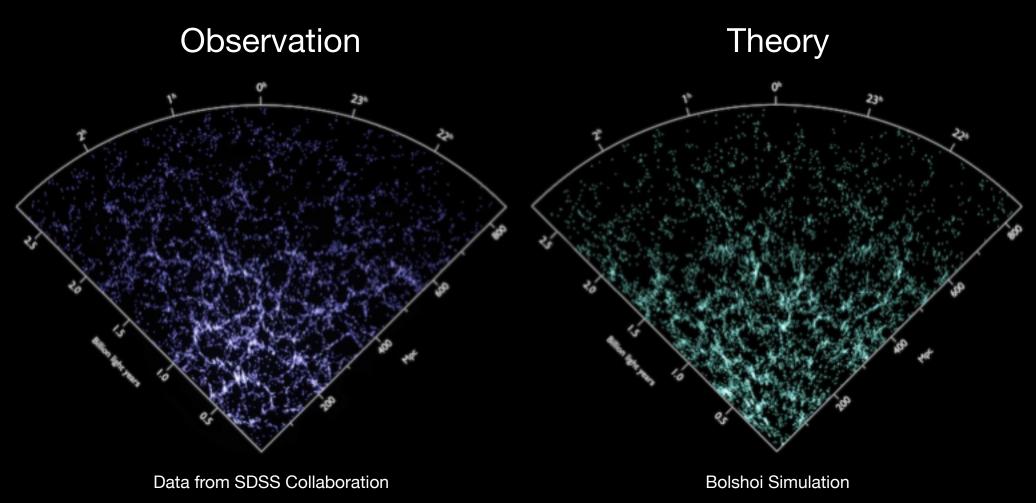
Data today



The <u>new result</u> $n_s < 1$ is <u>very important</u> theoretically.

Observations Agree with Theory



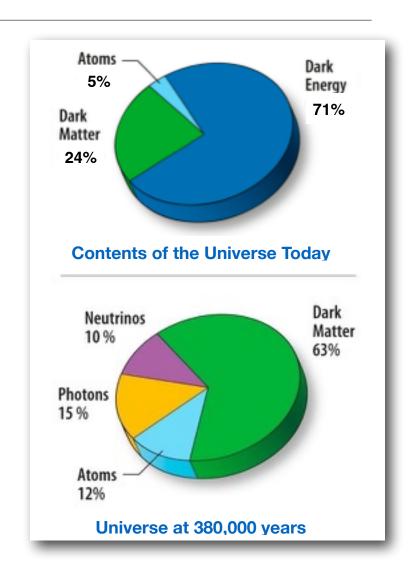


High precision observations help us determine the composition and evolution of the universe.

Precision Cosmology

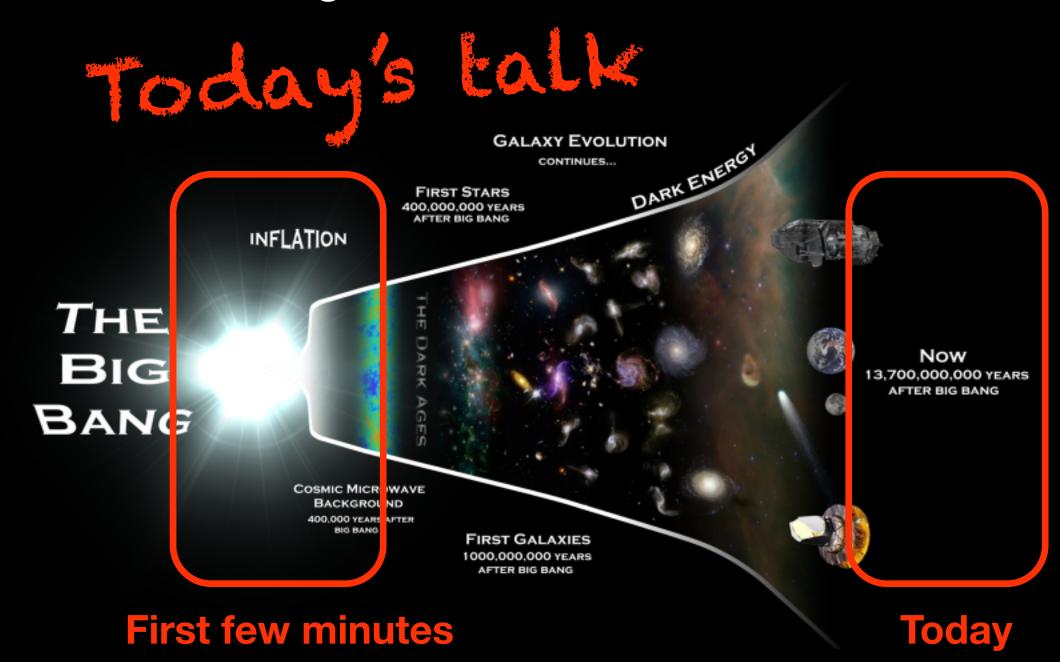
Cosmic Energy Budget Today

- Dark Energy 71.35%
- Dark Matter 24.02%
- Baryons 4.63%
- Early universe remarkably homogeneous
- Very small density contrast (1 / 100,000) at time of CMB decoupling

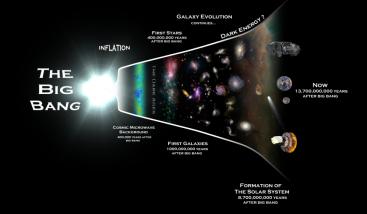


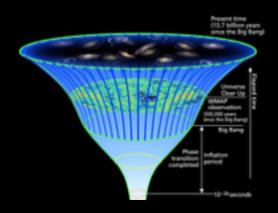
All suggest physics beyond the standard model.

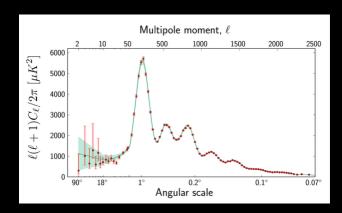
The Cosmological Standard Model



The First Three Minutes







Nucleosynthesis Light elements created – D, He, Li Nuclear fusion begins Quark-hadron transition Protons and neutrons formed Electroweak transition Electromagnetic and weak nuclear forces first differentiate Supersymmetry breaking Axions etc.? Grand unification transition Electroweak and strong nuclear forces differentiate Inflation

Inflation



Is there smoking gun evidence for inflation?

Gravity Waves from Inflation

A positive detection of Gravity waves would:

- Confirm Einstein was correct and gravity waves exist.
- Demonstrate that gravity is quantized (Further motivating the need for a quantum theory of gravity i.e. string theory)
- Provide "smoking gun" evidence that inflation occurred.
- Teach us the energy scale at which inflation took place.
- Allow us to directly probe physics beyond the standard model.



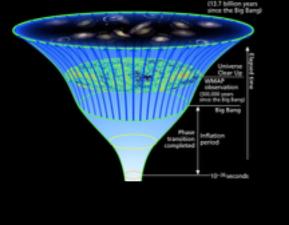
Inflation, its signatures, and possible alternatives have been significant focus of my group's research program:

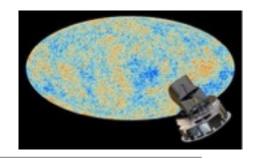
"How Well Can We Really Determine the Scale of Inflation?" with O. Ozsoy and K. Sinha, Phys. Rev. D91 (2015)

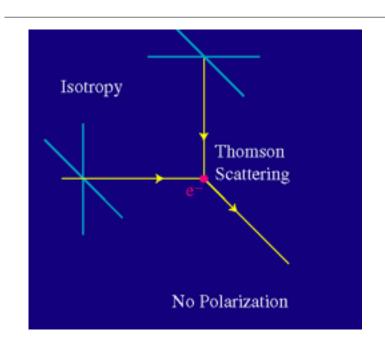
"Decoupling Survives Inflation" with A. Avgoustidis, et. al., JCAP 1206 (2012)

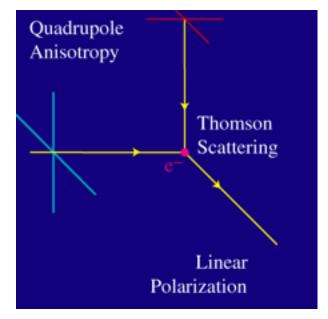
"The Importance of Slow-roll Corrections During Multi-field Inflation" with A. Avgoustidis, et. al., JCAP 1202 (2012)



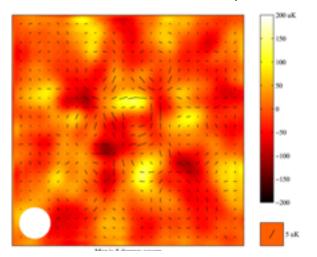




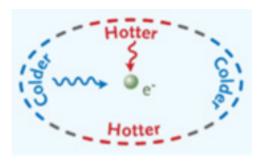


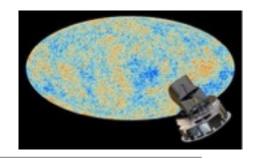


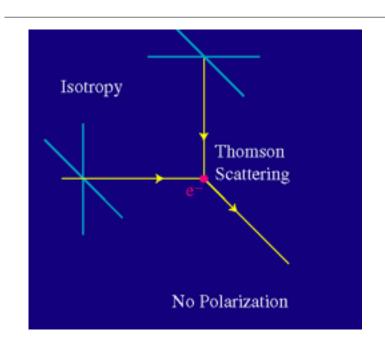
E-mode Polarization (DASI — 2002)

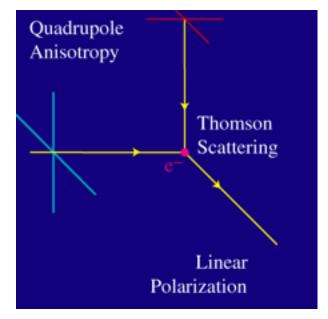




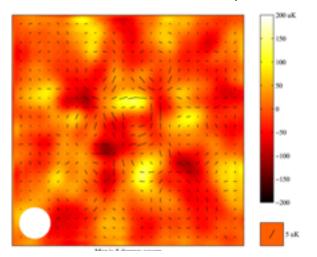




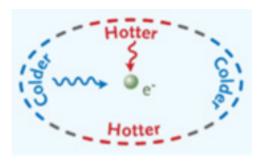


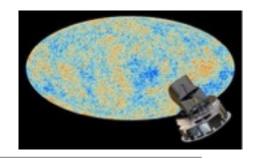


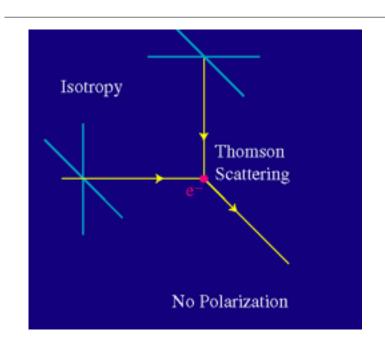
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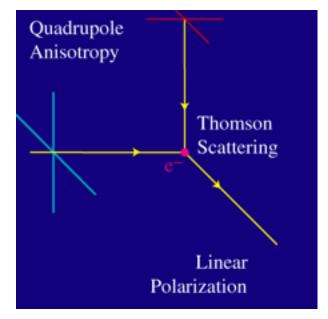




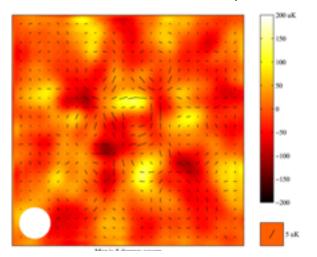




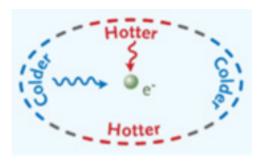


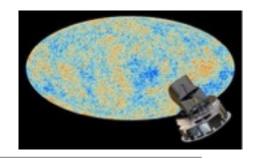


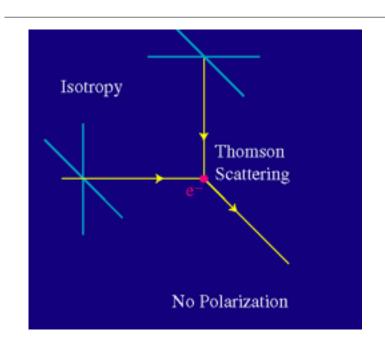
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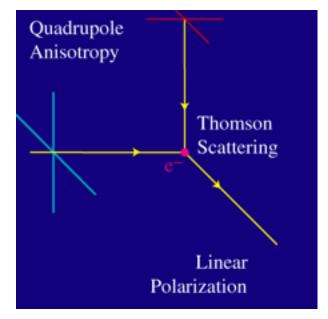




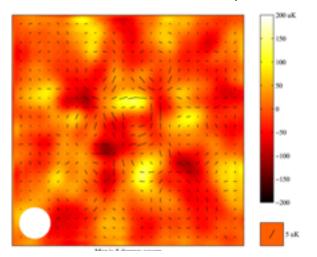




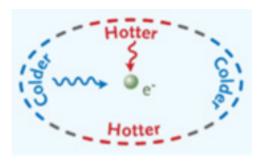


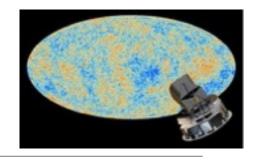


E-mode Polarization (DASI — 2002)

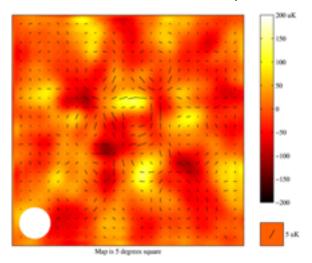




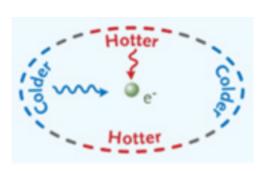




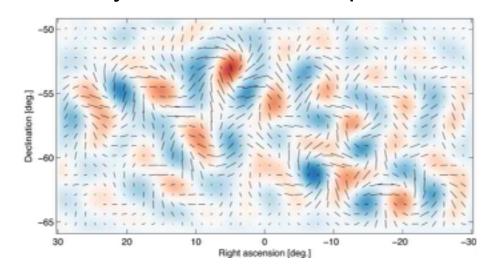
E-mode Polarization (DASI — 2002)



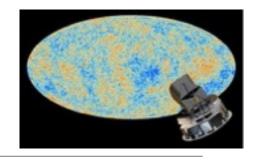




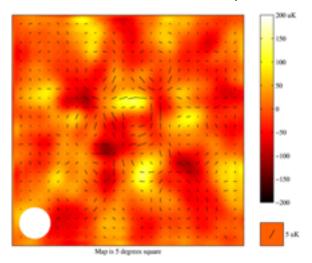
Gravity Waves can also produce B-mode Polarization



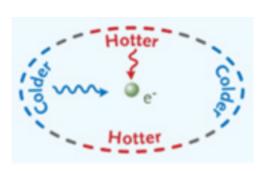




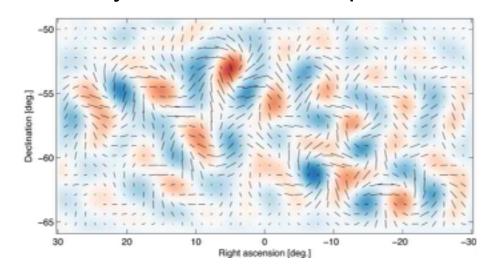
E-mode Polarization (DASI — 2002)







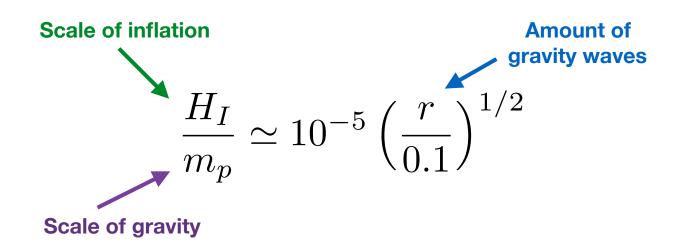
Gravity Waves can also produce B-mode Polarization





The Inflaton Hierarchy Problem

with O. Ozsoy and K. Sinha, Phys. Rev. D91 (2015)



Proximity to scale of quantum gravity makes this problem challenging.

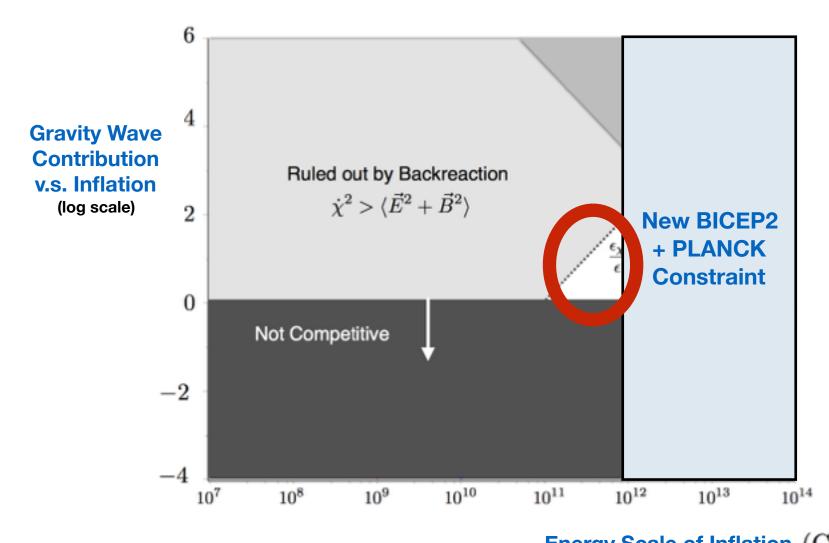
There can be additional sources of primordial gravity waves.



Is there smoking gun evidence for inflation?

Can we really determine the scale of inflation?

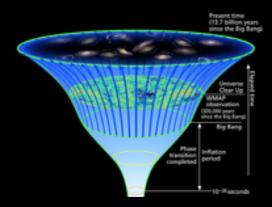
with K. Sinha and O. Ozsoy, arXiv:1410.0016, Phys. Rev. D91 (2015)



Energy Scale of Inflation (GeV)

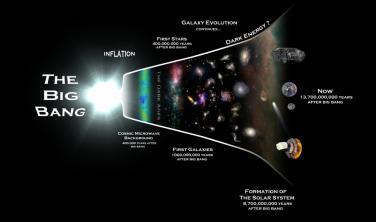
Yes, measurement of gravity waves will tell us the scale of inflation

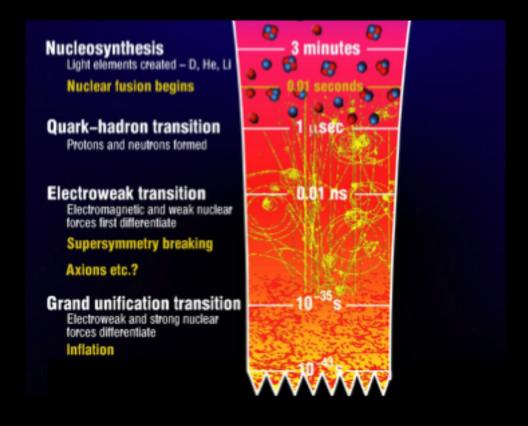
The First Three Minutes





What is the temperature of the Hot Big Bang?

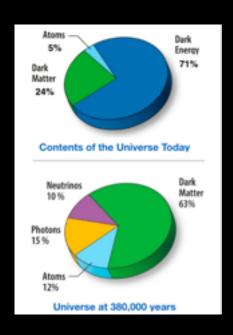


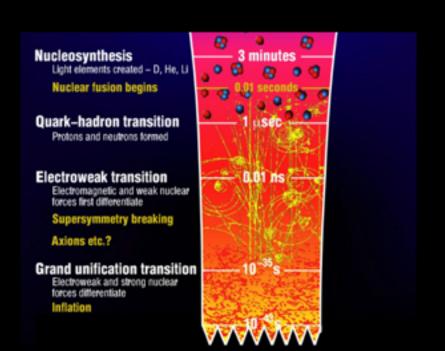




The Bullet Cluster

There is compelling evidence for <u>particle</u> dark matter.

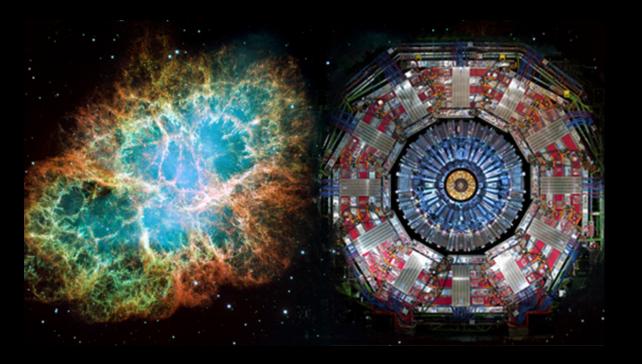




What if the Universe thermalized after dark matter was created?

"Cosmological Moduli and the Post-Inflationary Universe: A Critical Review"

**Invited review with Gordy Kane and Kuver Sinha arXiv:1502.07746



PHYSICS BEYOND THE STANDARD MODEL!

Nucleosynthesis

Light elements created – D, He, U Nuclear fusion begins

Quark-hadron transition

Protons and neutrons formed

Electroweak transition

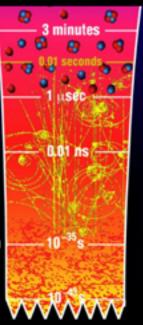
Electromagnetic and weak nuclear forces first differentiate

Supersymmetry breaking

Axions etc.?

Grand unification transition

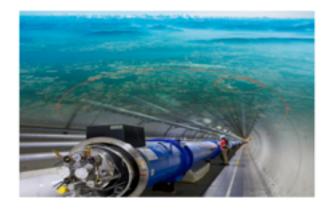
Electroweak and strong nuclear forces differentiate

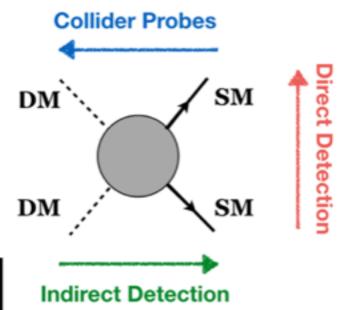


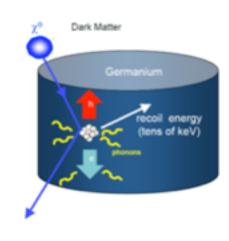
COSMOLOGICAL COLLIDER PHYSICS!

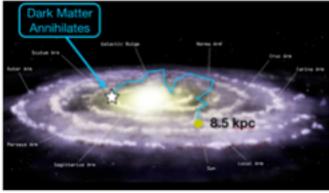
(it's cheaper)

PHYSICS





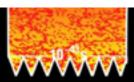




"WIMP Miracle"

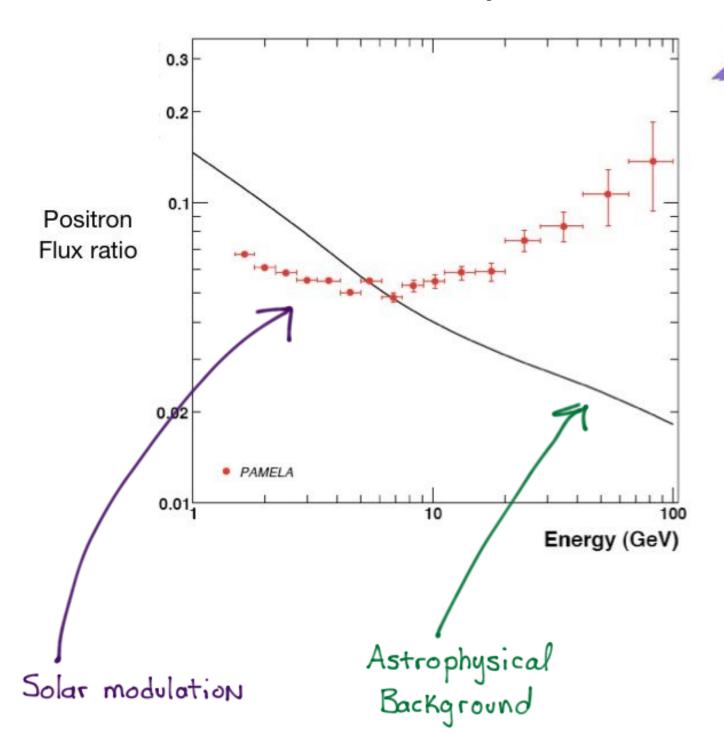
$$\sigma_{\rm DM \, DM \to SM \, SM} \simeq 1 \, \rm pb$$

Electroweak and strong nuclear forces differentiate Inflation

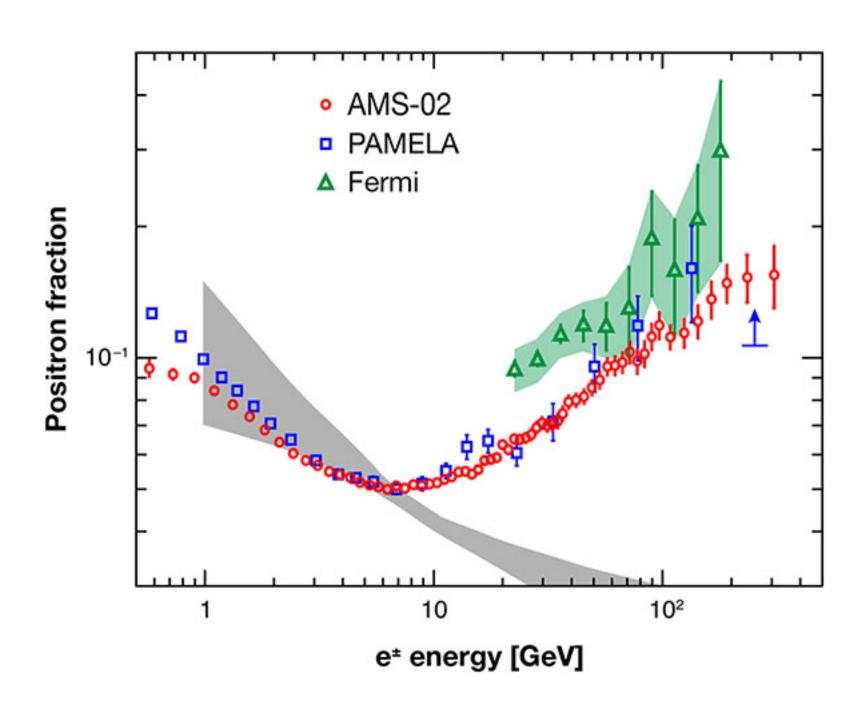


(it's cheaper)

Indirect Detection of Positrons by PAMELA



AMS-2 Positron result



AMS-2 / PAMELA -- Indirect Evidence for Dark Matter?

Expected Positron Flux

$$\Phi \sim \frac{\langle \sigma v \rangle}{m_{\rm X}^2} \times \frac{\rho^2(r)}{\rho^2(r)}$$
 Microphysics Astrophysics

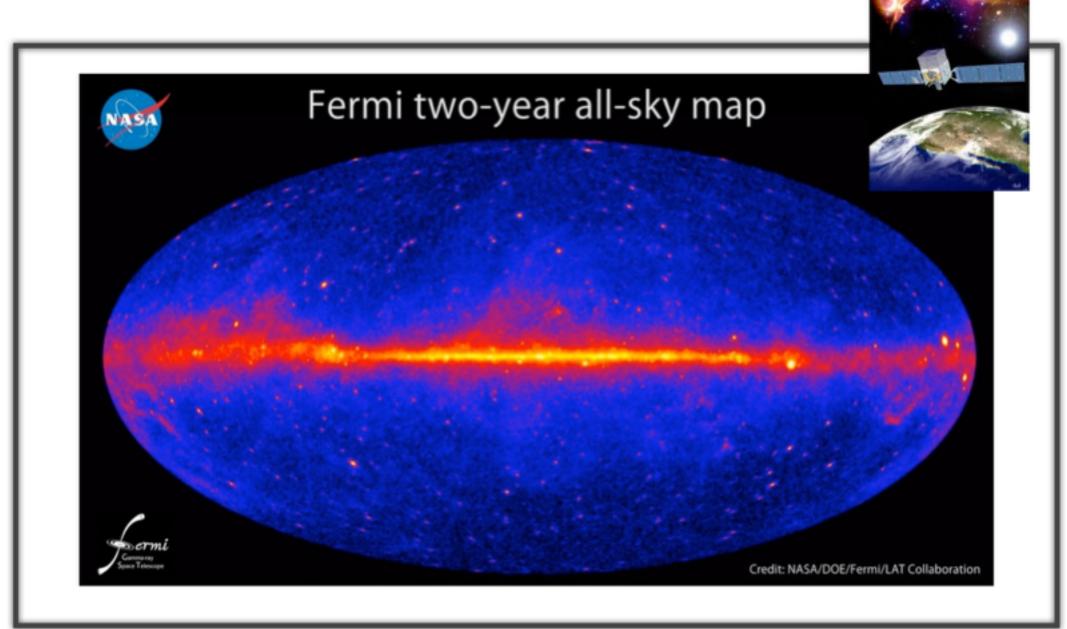
Important Considerations

- Astrophysical uncertainties: Halo profile, propagation, backgrounds
- Unknown astrophysical sources, e.g. Pulsars

Taken alone probably not a compelling case for dark matter

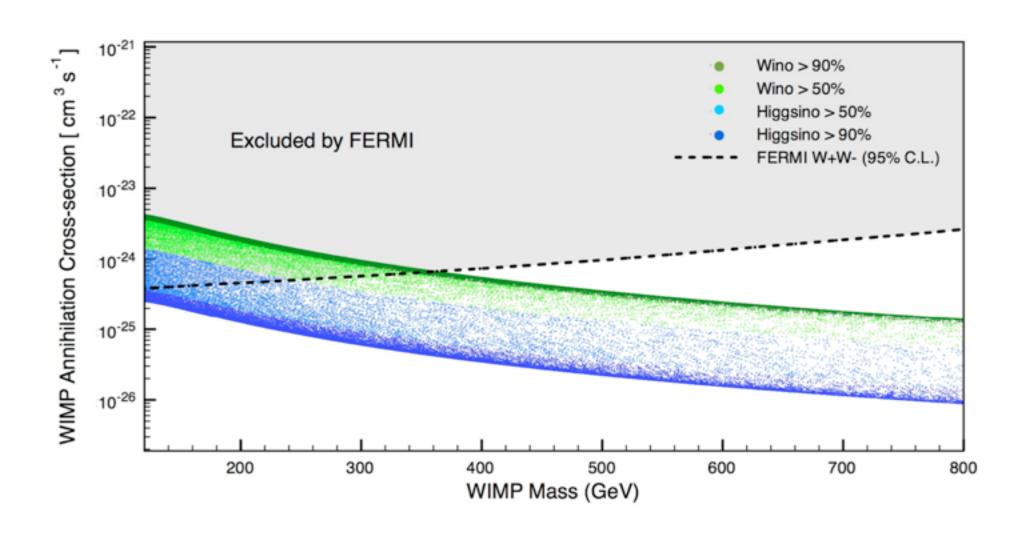
But these observations do give us constraints!

Fermi view of the universe (gamma rays)



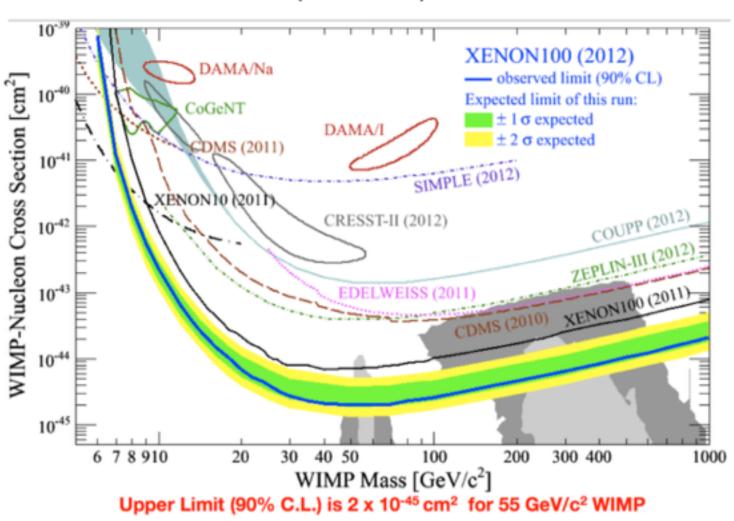
Dark Matter and the Temperature of the Big Bang

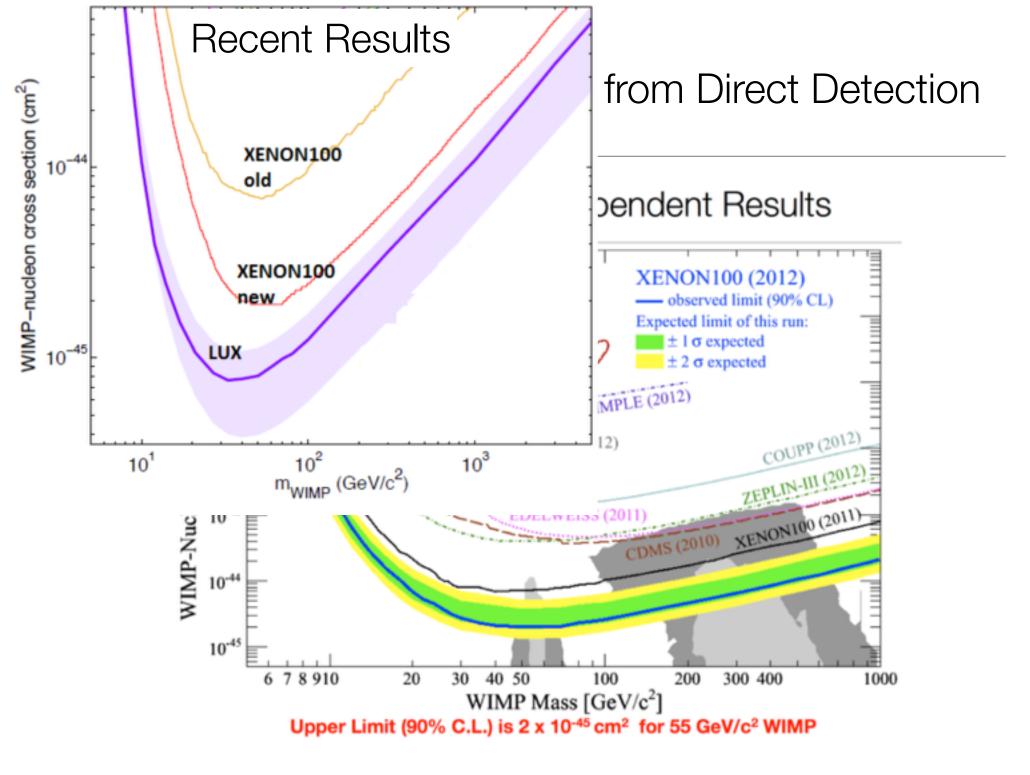
R. Easther, R. Galvez, O. Ozsoy, S.W. [Phys.Rev. D89 (2014)]



Direct Detection

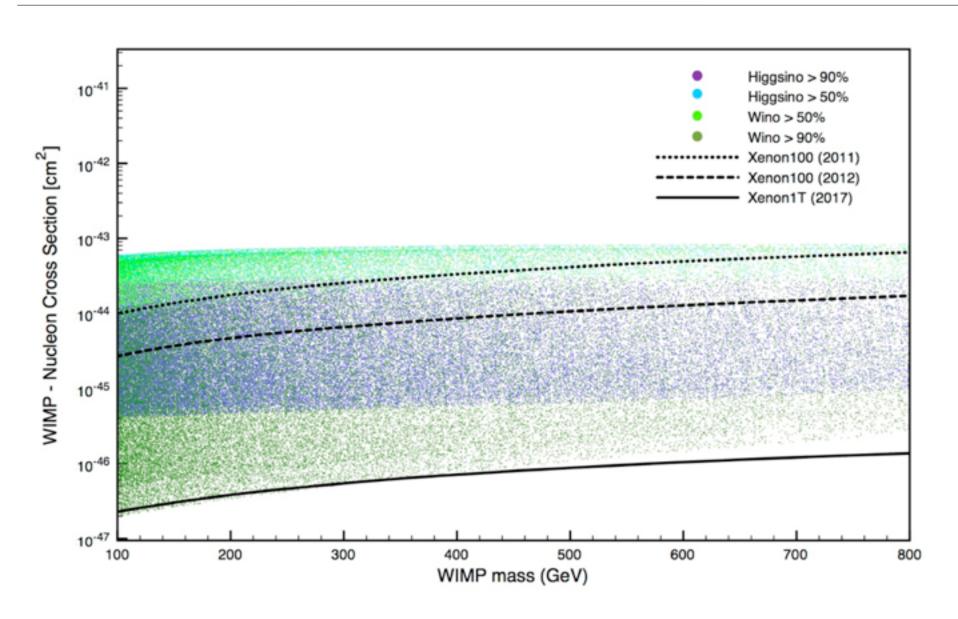
XENON100: New Spin-Independent Results





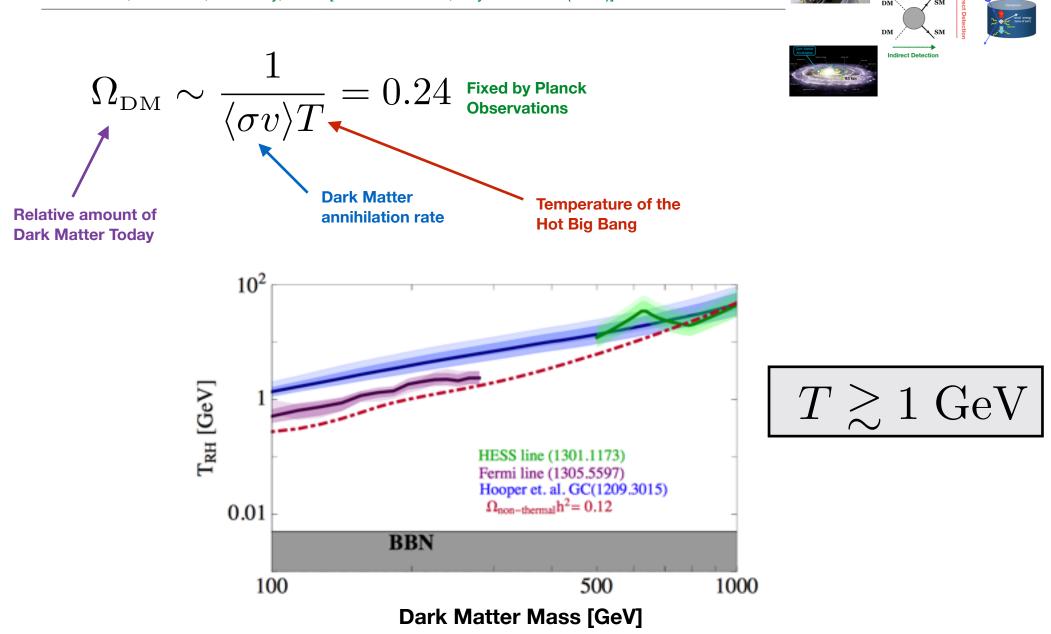
Dark Matter and the Temperature of the Big Bang

R. Easther, R. Galvez, O. Ozsoy, S.W. [Phys.Rev. D89 (2014)]



Dark Matter and the Temperature of the Big Bang

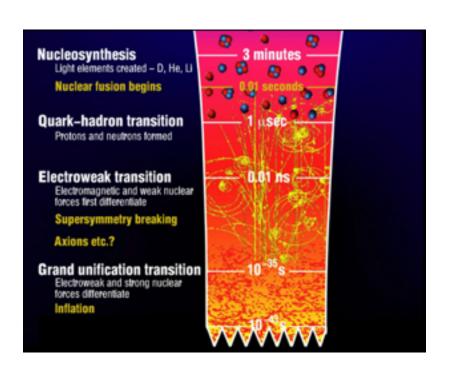
R. Easther, R. Galvez, O. Ozsoy, **S.W.** [arXiv:1307.2453, Phys.Rev. D89 (2014)]



Toward Establishing the post-Inflationary Universe

"Cosmological Moduli and the Post-Inflationary Universe: A Critical Review"

Invited review with Gordy Kane and Kuver Sinha, arXiv:1502.07746



CMB Physics

Extra matter phase changes the way CMB observations are used to constrain inflationary models.

R. Easther, R. Galvez, O. Ozsoy, S.W. [Phys.Rev. D89 (2014)]

Additional relativistic energy from enhanced annihilations of dark matter changes physics of recombination.

Slatyer, Padmanabhan and Finkbeiner [Phys.Rev. D80]

Bounds on isocurvature contribution to CMB anisotropies lead to constraints.

L. Iliesiu, D. Marsh, K. Moodley, S.W. [Phys.Rev. D89]

Dark Radiation

Decays to non-Standard Model (hidden sector) radiation can lead to constraints from bounds on new light species (N_{eff}).

L. Iliesiu, D. Marsh, K. Moodley, S.W. [Phys.Rev. D89]

Enhanced Structure on Small Scales

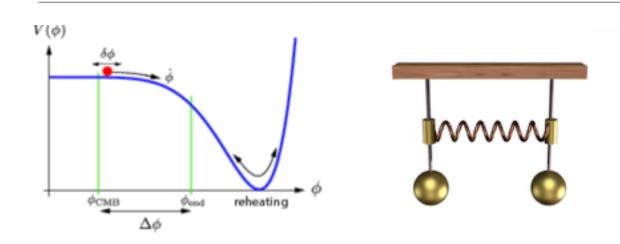
Extra matter phase leads to additional growth of dark matter on small scales, sometime enhancing the predicted number of compact mini-halos

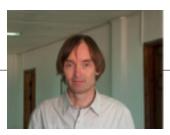
J. Fan, O. Özsoy, **S.W**. [Phys. Rev. D90 (2014)]

A. Erickcek, K. Sinha, **S.W.** [To appear soon]

Two pioneers of inflationary reheating

From Inflation to the Hot Big Bang





Robert Brandenberger (McGill University)

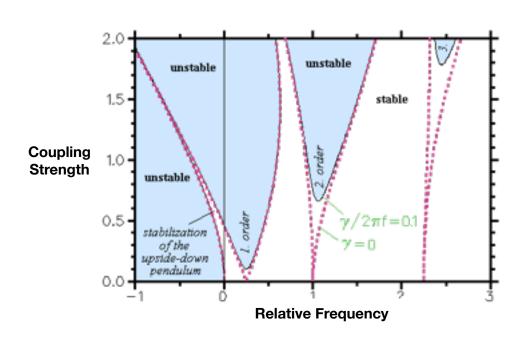


Lev Kofman 1957 — 2009

The transition from inflation to "reheating" can be complicated.

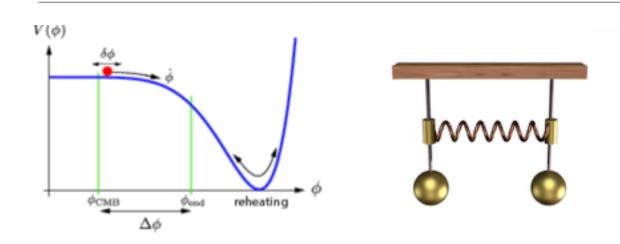
Stages of Reheating:

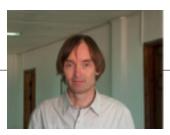
- 1. Non-perturbative (parametric resonance)
- 2. Non-linear Dynamics and Chaos
- 3. Turbulence
- 4. Thermalization



Two pioneers of inflationary reheating

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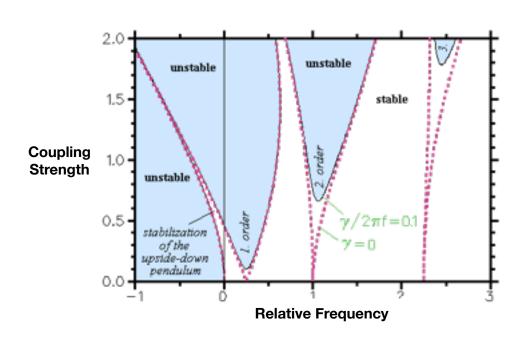


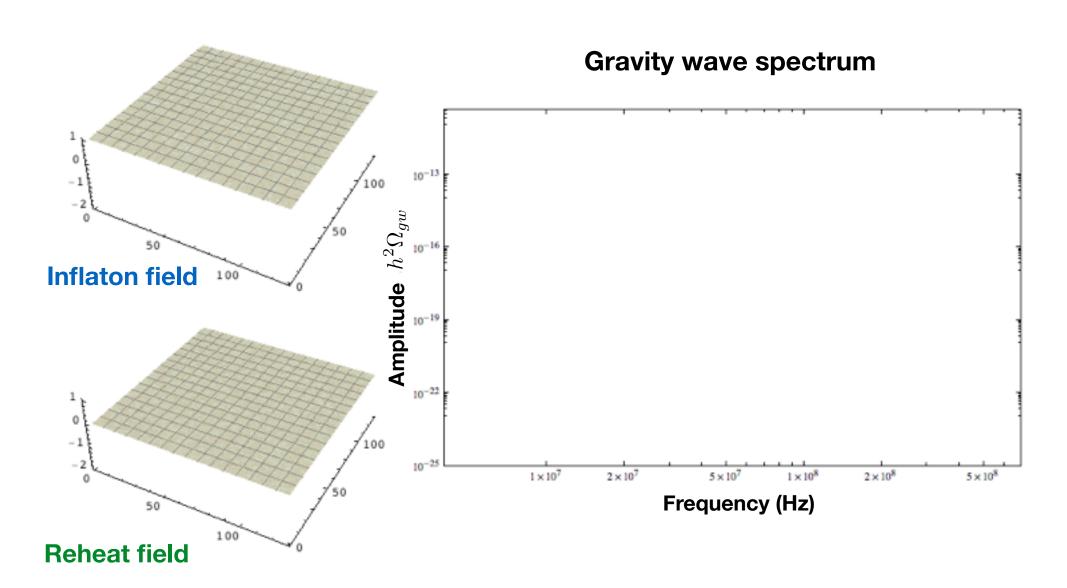
Lev Kofman 1957 — 2009

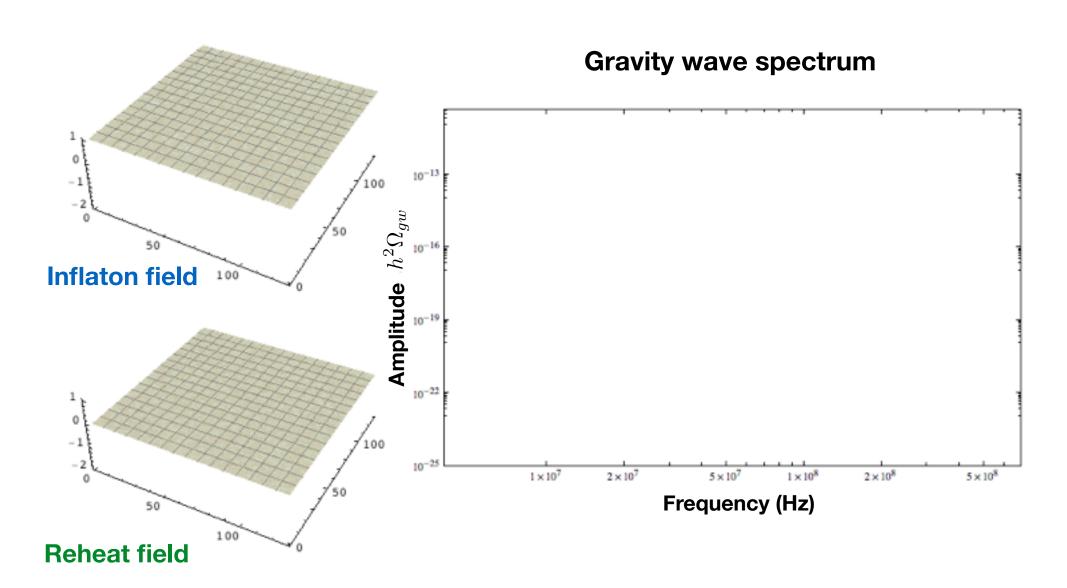
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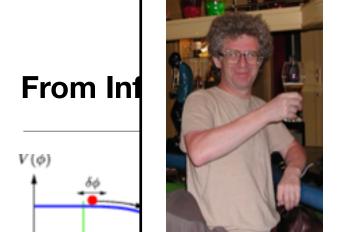
Stages of Reheating:

- 1. Non-perturbative (parametric resonance)
- 2. Non-linear Dynamics and Chaos
- 3. Turbulence
- 4. Thermalization









Lev Kofman 1957 — 2009 ot Big B



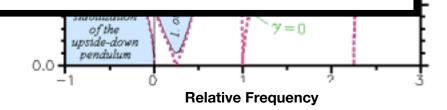
"Maybe nature is fundamentally ugly, chaotic and complicated. But if it's like that, then I want out."

Steven Weinberg

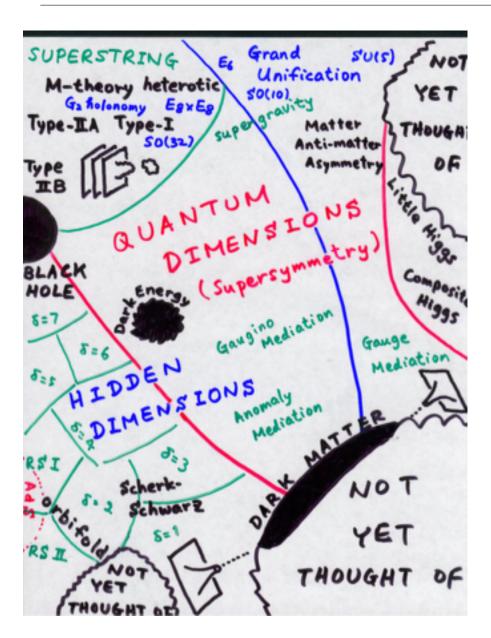
Establishing a more systematic approach to the reheating processes is an important open challenge.

We would like a way to **classify models** and search for their **universal properties**.

Recent progress: with O. Ozsoy, G. Sengor, and K. Sinha [submitted to PRL]



A similar challenge existed in the search for the Higgs and Beyond the Standard Model physics



The possible extensions of the Standard Model are many and also contain unknown, unknowns.





Symmetry Breaking and Goldstone Bosons



Emmy Noether

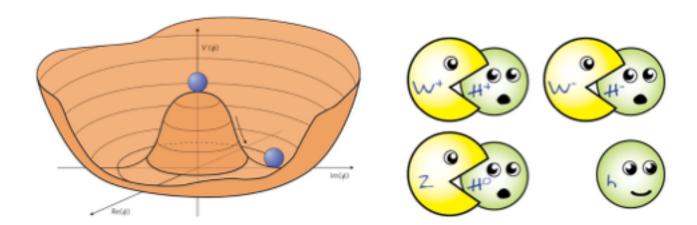


Jeffrey Goldstone



Stephen Weinberg

Spontaneous Symmetry Breaking



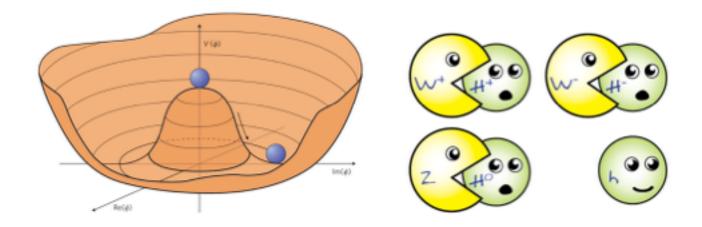
In the broken phase, Goldstone bosons are eaten by Gauge Fields

(assuming gauge fields are present).



Symmetry Breaking and Goldstone Bosons

Spontaneous Symmetry Breaking



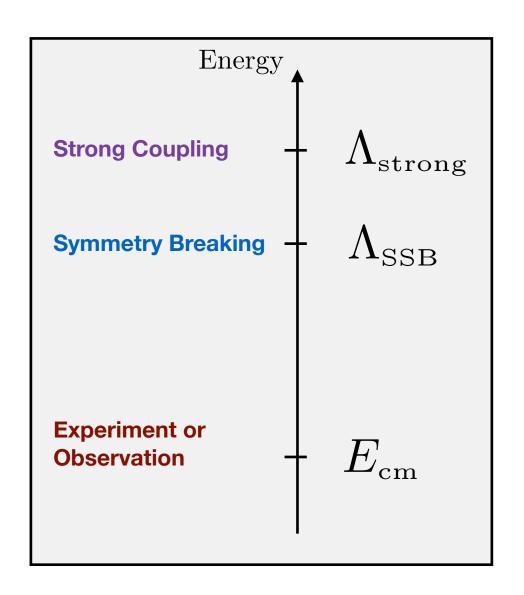
In the broken phase, Goldstone bosons are eaten by Gauge Fields

(assuming gauge fields are present).

<u>The key</u>: The Goldstone approach provides a method for studying the consequences of symmetry breaking at low energies without a detailed knowledge of the higher energy theory.

All we need to know is the symmetry breaking pattern!

Goldstone Bosons and Spontaneous Symmetry Breaking



Electroweak Symmetry Breaking

$$SU(2) \times U(1)_Y \to U(1)_{\scriptscriptstyle \mathrm{EM}}$$

$$\Lambda_{\rm strong} \simeq 800 \; {\rm GeV}$$

$$\Lambda_{\rm SSB} = \langle h \rangle \simeq 247 \; {\rm GeV}$$

Longitudinal components of W and Z gauge bosons are the Goldstones

QCD Symmetry Breaking

$$SU(2) \times SU(2) \to SU(2)_{\text{isospin}}$$

$$\Lambda_{\text{\tiny SSB}} \simeq f_{\pi} \simeq 300 \text{ MeV}$$

$$\Lambda_{\rm strong} \simeq 4\pi f_{\pi}$$

Pions are the Goldstones

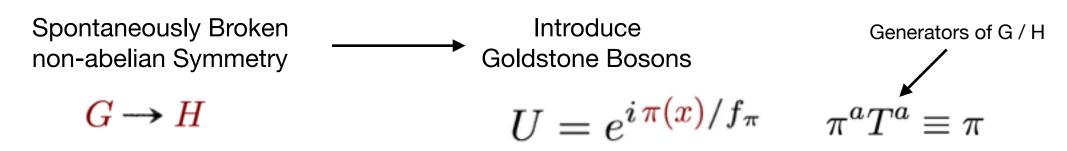
Goldstone Bosons and Spontaneous Symmetry Breaking

Electroweak Physics

$$\begin{split} L[\pi,\vec{W},B,h] &= -\frac{1}{2}\pi_{a}\Box\pi_{a} - \frac{1}{2}h(\Box + m_{h}^{2})h - \lambda(\pi_{a}^{2} + h^{2})^{2} \\ &- 4\lambda\nu h(\pi_{a}^{2} + h^{2}) - \frac{g}{2}\partial^{\mu}\pi_{1}(W_{\mu}^{3}\pi_{2} - W_{\mu}^{2}\pi_{3}) \\ &- \frac{g}{2}\partial^{\mu}\pi_{2}(W_{\mu}^{1}\pi_{3} - W_{\mu}^{3}\pi_{1}) - \frac{g}{2}\partial^{\mu}\pi_{3}(W_{\mu}^{2}\pi_{1} - W_{\mu}^{1}\pi_{2}) \\ &+ g\partial^{\mu}h(\vec{W}_{\mu}\cdot\vec{\pi}) - \frac{g'}{2}(\pi_{1}\partial_{\mu}\pi_{2} - \pi_{2}\partial_{\mu}\pi_{1})B^{\mu} - g\partial_{\mu}h\pi_{3}B^{\mu} \\ &+ \frac{1}{2}m_{W}^{2}\vec{W}_{\mu}\cdot\vec{W}^{\mu} + \frac{1}{2}m_{B}^{2}B_{\mu}B^{\mu} - m_{W}m_{B}W_{\mu}^{3}B^{\mu} \\ &+ \frac{g^{2}}{8}(\vec{W}_{\mu}\cdot\vec{\pi})(\vec{W}^{\mu}\cdot\vec{\pi}) + \frac{g'^{2}\nu}{4}hB_{\mu}B^{\mu} \\ &+ \frac{g'^{2}}{8}H^{2}B_{\mu}B^{\mu} - \frac{gg'}{4}h^{2}W_{\mu}^{3}B^{\mu} - \frac{gg'\nu}{2}hW_{\mu}^{3}B^{\mu} \\ &+ \frac{g^{2}}{8}h^{2}\vec{W}_{\mu}\cdot\vec{W}^{\mu} + \frac{g^{2}\nu}{4}h\vec{W}_{\mu}\cdot\vec{W}^{\mu} + \frac{g'^{2}}{8}B_{\mu}B^{\mu}\vec{\pi}\cdot\vec{\pi} \\ &+ \frac{gg'}{4}W_{\mu}^{3}B^{\mu}\vec{\pi}\cdot\vec{\pi} - \frac{gg'}{2}\pi_{3}B_{\mu}(W_{1}^{\mu}\pi_{1} + W_{2}^{\mu}\pi_{2}) \\ &+ g'm_{W}B_{\mu}(W_{1}^{\mu}\pi_{2} - W_{2}^{\mu}\pi_{1}) + \frac{gg'}{2}B_{\mu}(W_{1}^{\mu}\pi_{2} - W_{2}^{\mu}\pi_{1})h \end{split}$$

$$\mathcal{L}_{\text{eff}} = -\frac{f_{\pi}}{2} \partial_{\mu} U \cdot \partial^{\mu} U^{\dagger} + c_{1} \left(\partial_{\mu} U \cdot \partial^{\mu} U^{\dagger} \right)^{2} + \dots$$

Symmetry Breaking and Goldstone Effective Theory



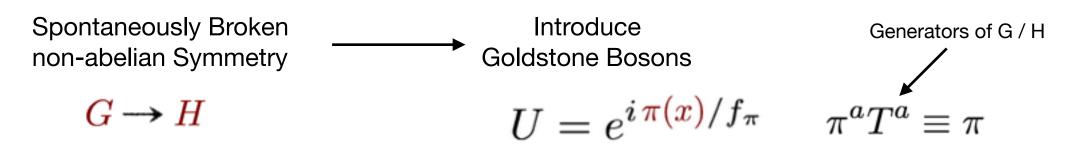
Low Energy Effective Action

$$\mathcal{L}_{\text{eff}} = -\frac{f_{\pi}}{2} \partial_{\mu} U \cdot \partial^{\mu} U^{\dagger} + c_{1} \left(\partial_{\mu} U \cdot \partial^{\mu} U^{\dagger} \right)^{2} + \dots$$

Universal

non-Universal

Symmetry Breaking and Goldstone Effective Theory



Low Energy Effective Action

$$\mathcal{L}_{ ext{eff}} = -rac{f_{\pi}}{2}\partial_{\mu}U\cdot\partial^{\mu}U^{\dagger} + c_{1}\left(\partial_{\mu}U\cdot\partial^{\mu}U^{\dagger}
ight)^{2} + \dots$$
 Universal non-Universal

$$\mathcal{L}_{ ext{eff}} = -rac{1}{2}(\partial_{\mu}\pi)^2 + rac{1}{6f_{\pi}^2}\left[(\pi\cdot\partial_{\mu}\pi)^2 - \pi^2(\partial_{\mu}\pi)^2
ight] + \cdots \hspace{0.5cm} ext{MUCH}$$

Symmetry is "non-linearly realized"

Goldstones and Cosmology?

The cosmic expansion breaks time translation invariance.

No longer a symmetry

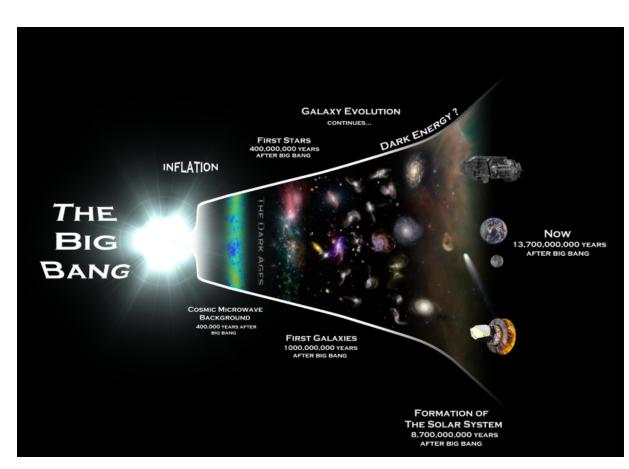
$$t \to t + \xi$$

Inflaton breaks the symmetry

$$\Lambda_{\rm SSB} \sim \dot{\varphi}(t)^{1/2}$$

Radiation or matter evolving breaks the symmetry

$$\Lambda_{\rm SSB} \sim \rho(t)^{1/4}$$

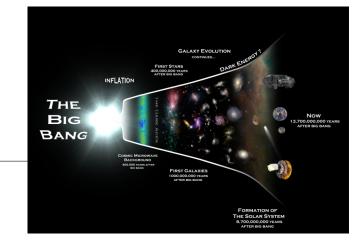


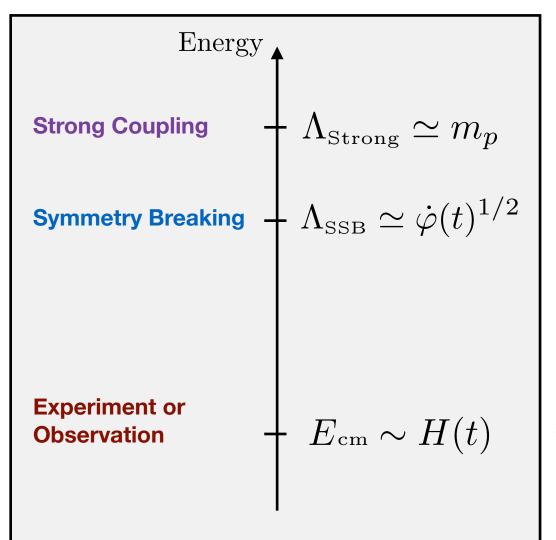
At high energy (small length scales) symmetry is realized.

This is spontaneous symmetry breaking!

Example: Slow-roll Inflation

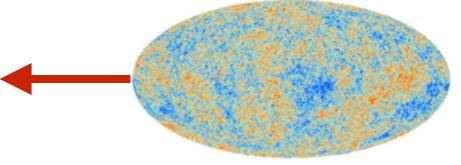
The cosmic expansion implies that time translation invariance is spontaneously broken!





No longer a symmetry

$$t \to t + \xi$$



Symmetry Breaking from Cosmic Expansion

Introduce Goldstone Bosons to non-linearly realize time translations

$$U = e^{i\pi(x)/f_{\pi}}$$
 $f_{\pi}^{2} = \dot{\varphi} \simeq \dot{H}^{1/2}m_{p}$

Low Energy Effective Action

$$\mathcal{L}_{\text{eff}} = -\frac{f_{\pi}}{2} \partial_{\mu} U \cdot \partial^{\mu} U^{\dagger} + c_{1} \left(\partial_{\mu} U \cdot \partial^{\mu} U^{\dagger} \right)^{2} + \dots$$

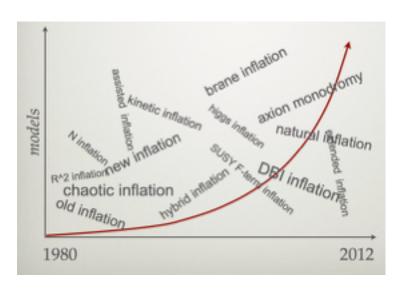
Universal

$$\mathcal{L}_{ ext{eff}} = -rac{1}{2}(\partial_{\mu}\pi)^2 + rac{1}{6f_{\pi}^2}\left[(\pi\cdot\partial_{\mu}\pi)^2 - \pi^2(\partial_{\mu}\pi)^2
ight] + \cdots$$
 Symmetry is "non-linearly realized"

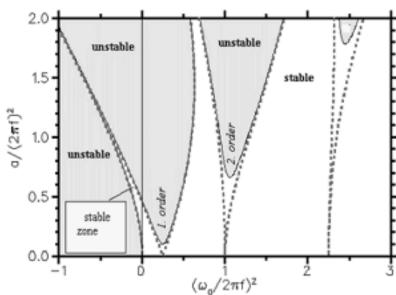
Effective Field Theory and Reheating the Universe

with O. Ozsoy, G. Sengor, and K. Sinha [submitted to PRL]

All models are captured by their symmetry breaking pattern.



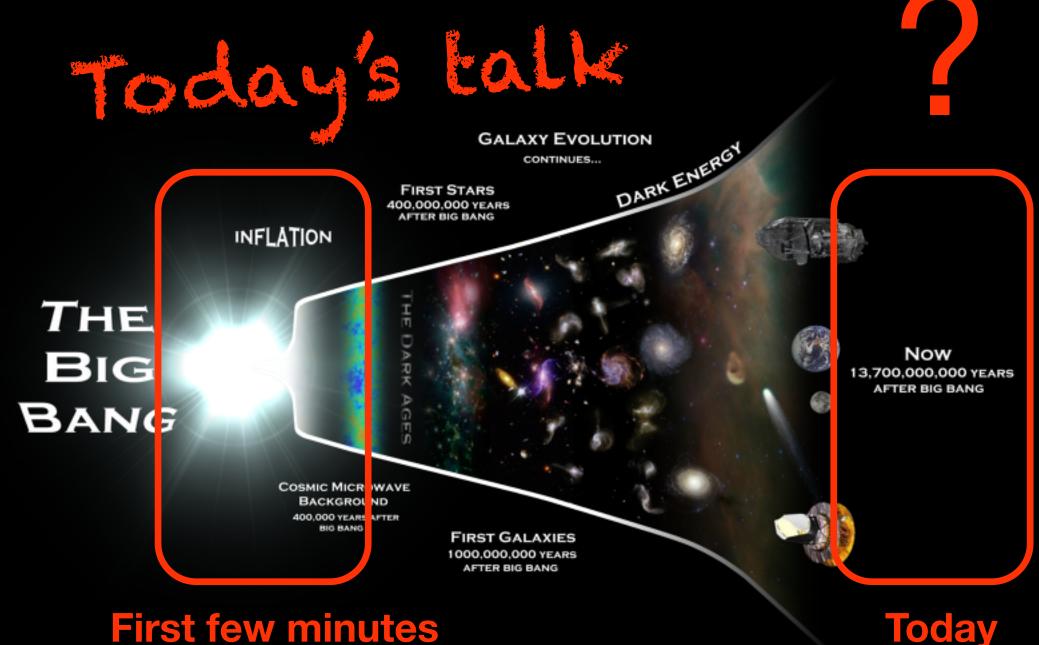
Inflationary Zoo of models



Reheating Zoo of models

$$S_{\pi} = \int \! d^4x \, \sqrt{-g} \left[M_{\rm Pl}^2 \dot{H} \, (\partial_{\mu} \pi)^2 + 2 M_2^4 \left(\dot{\pi}^2 + \dot{\pi}^3 - \dot{\pi} \frac{1}{a^2} (\partial_i \pi)^2 \right) - \frac{4}{3} M_3^4 \dot{\pi}^3 - \frac{\bar{M}^2}{2} \, \frac{1}{a^4} (\partial_i^2 \pi)^2 + \ldots \right]$$
 Same coefficient for both because of symmetry breaking pattern

The Cosmological Standard Model



Thank you for coming.

2011 Nobel Prize



Saul Perlmutter



Brian P. Schmidt

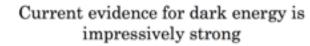


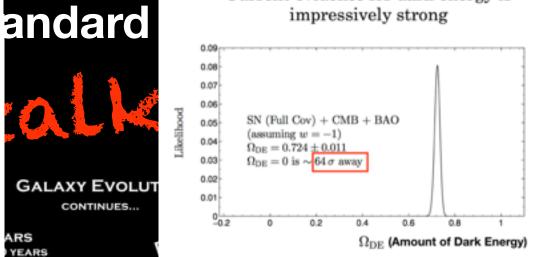
Adam G. Riess



ARS YEARS

CONTINUES...





INFLATION

THE BIG BANG

COSMIC MICROWAVE BACKGROUND

400,000 YEARS AFTER

FIRST GALAXIES 1000,000,000 YEARS AFTER BIG BANG

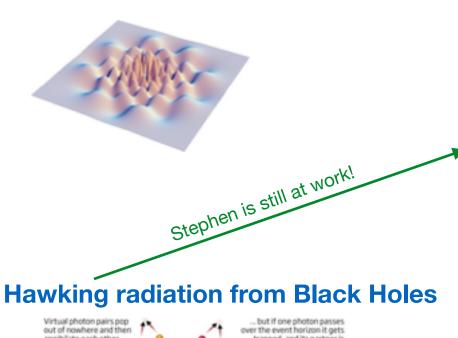
The Universe is accelerating today!

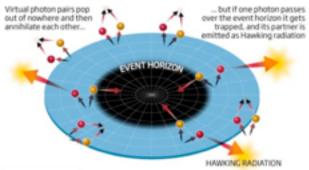
Now 13,700,000,000 YEARS AFTER BIG BANG

Today

Is the Dark Energy a Cosmological Constant?

We expect space-time to contain quantum fluctuations

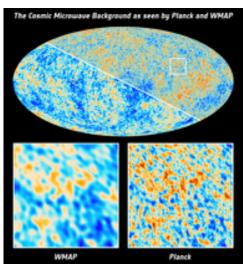


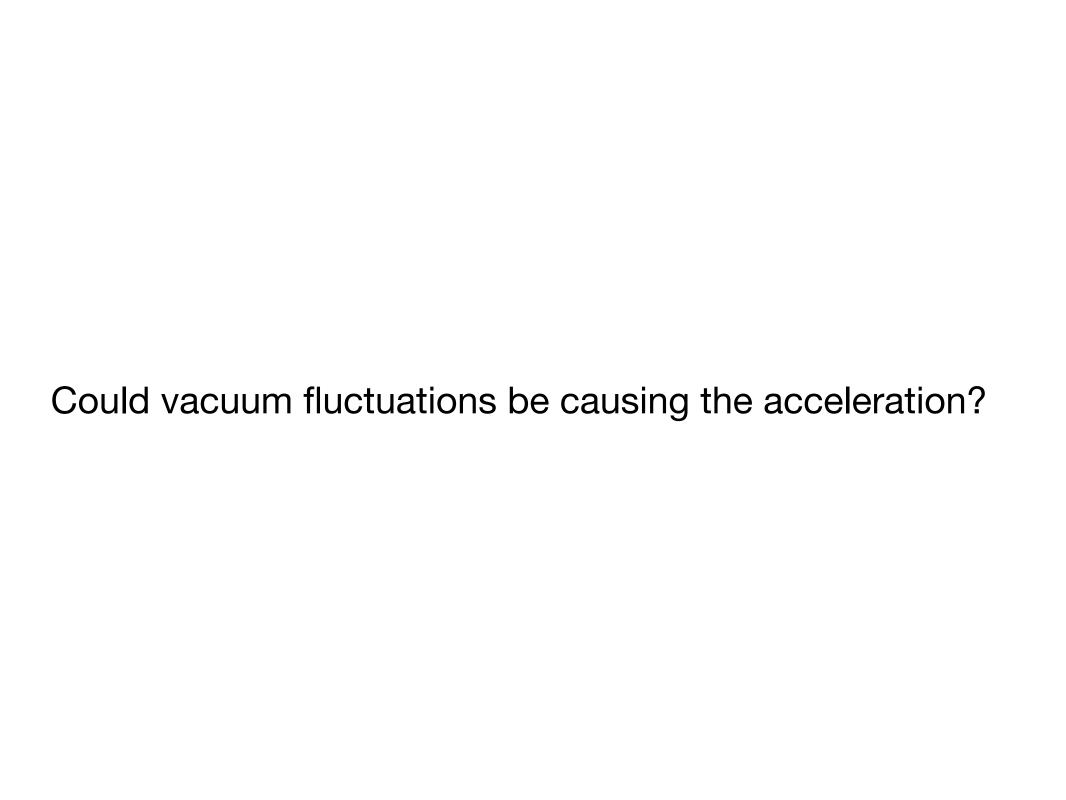


Our "Lab"



Inflationary Fluctuations

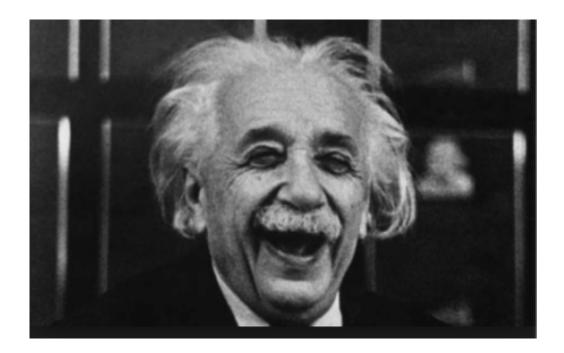




The Cosmological Constant Problem

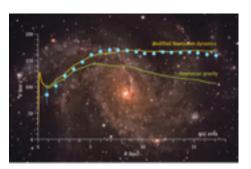
$$\left(\frac{\Lambda_{\mathrm{observed}}}{m_p}\right)^4 \simeq 10^{-120}$$

Could vacuum fluctuations be causing the acceleration?

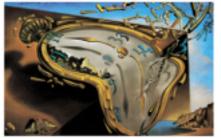


If Dark Energy is not a Cosmological Constant then what is it?

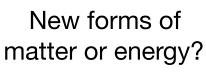
If Dark Energy is not a Cosmological Constant then what is it?



Modified Gravity?



Time varying constants?



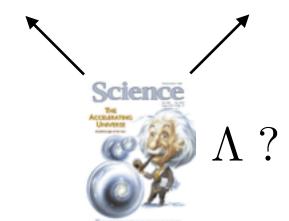




$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 8\pi G_{\rm N} T_{\mu\nu}$$

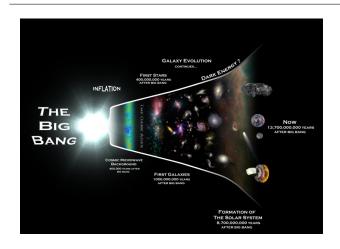
Space-time evolution

Matter and Energy



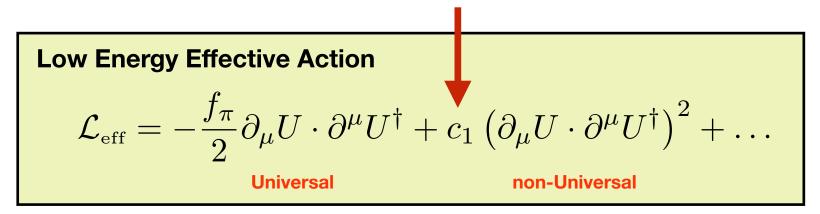
The Effective Field Theory of Cosmic Acceleration

with J. Bloomfield, E. Flanagan, and M. Park [JCAP 1308 (2013)] with R. Bean and E. Mueller [Phys. Rev. D87 (2013)] with M. Park and K. Zurek [Phys. Rev. D81 (2010)]



The cosmic expansion implies that time translation invariance is spontaneously broken

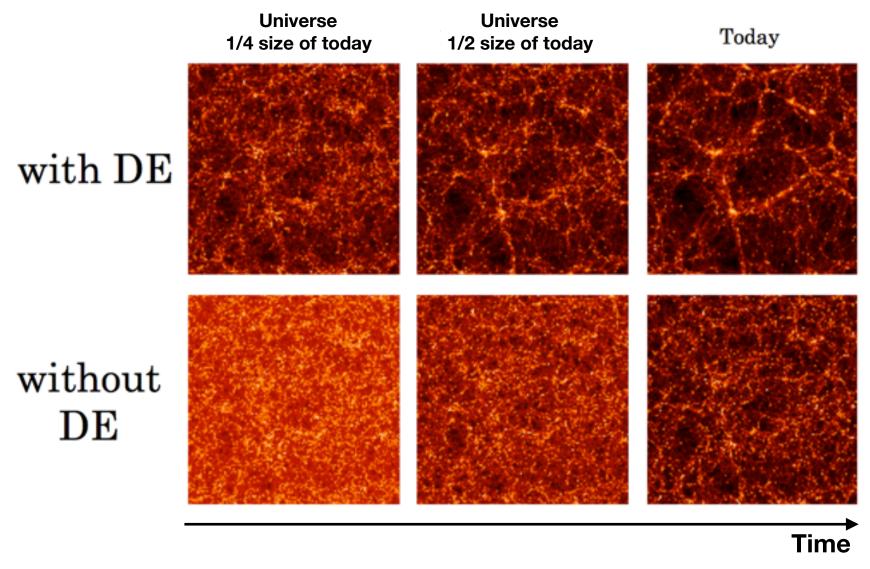
An effective theory approach to cosmic acceleration (dark energy or modified gravity)



Symmetries and <u>observations</u> can be used together to restrict free parameters. (like in Electroweak Precision studies)

What observations?

Dark Energy suppresses the growth of density fluctuations

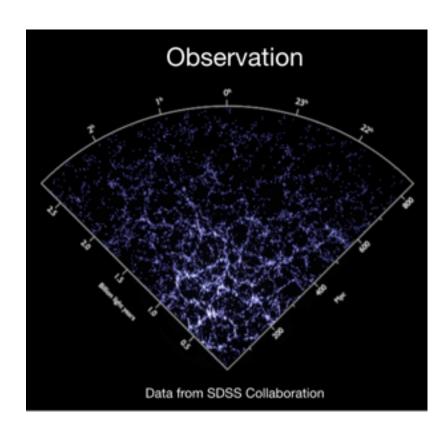


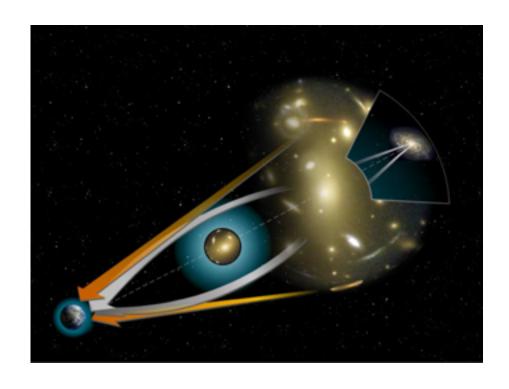
Constraints on the EFT of Cosmic Acceleration

$$ds^{2} = -(1+2\Phi) dt^{2} + a^{2} (1-2\Psi) d\vec{x}^{2}$$

 Φ Growth of Structure

 $\Phi + \Psi$ Gravitational Lensing

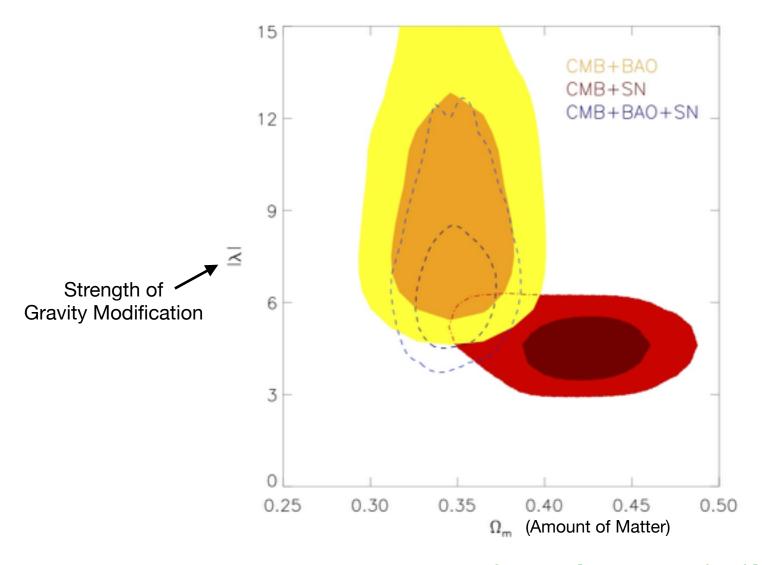






A Unified Approach to Cosmic Acceleration

with J. Bloomfield, E. Flanagan, and M. Park [JCAP 1308 (2013)] with R. Bean and E. Mueller [Phys. Rev. D87 (2013)] with M. Park and K. Zurek [Phys. Rev. D81 (2010)]

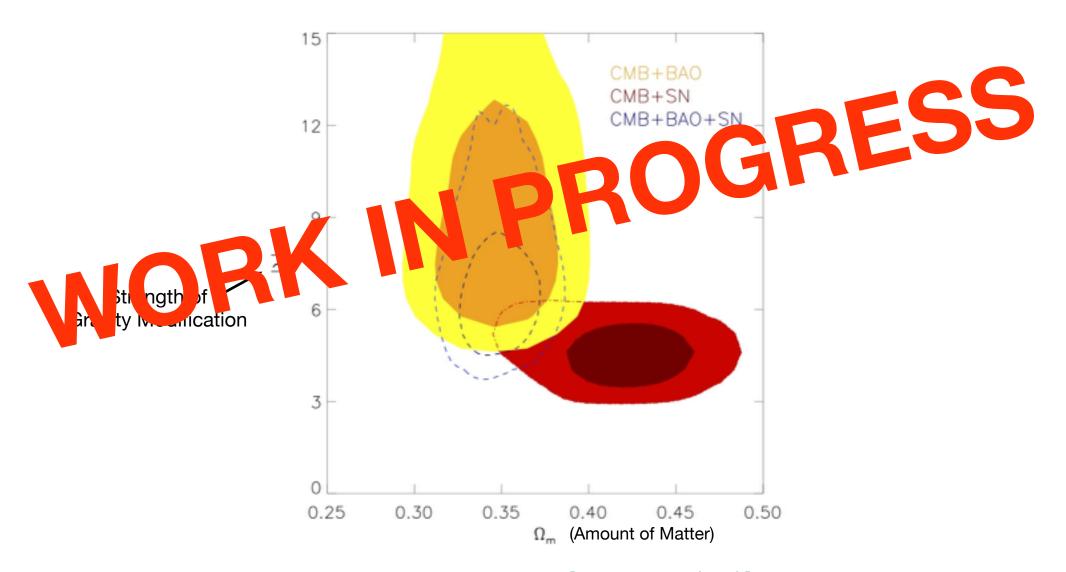


R. Bean, E. Mueller, and S. Watson [Phys. Rev. D87 (2013)]



A Unified Approach to Cosmic Acceleration

with J. Bloomfield, E. Flanagan, and M. Park [JCAP 1308 (2013)] with R. Bean and E. Mueller [Phys. Rev. D87 (2013)] with M. Park and K. Zurek [Phys. Rev. D81 (2010)]



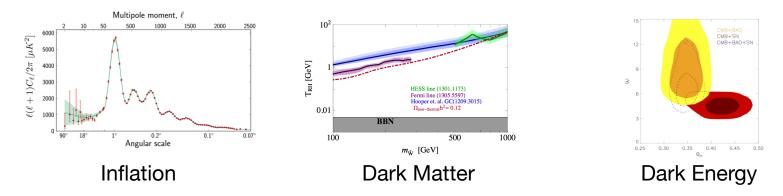
with R. Bean and E. Mueller [Phys. Rev. D87 (2013)]



Summary: State of the Universe

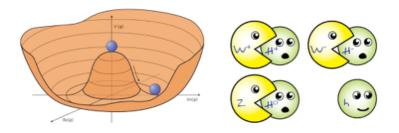
What has changed since I took (my) office in 2010?

Data has dramatically improved helping to focus model building.



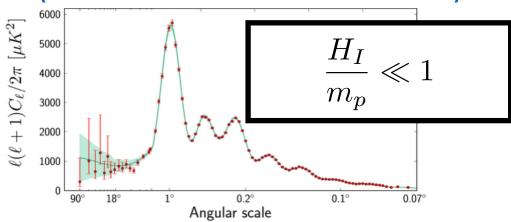
We have developed powerful techniques that utilize symmetries to establish <u>universal</u> properties of models.

This approach isolates model dependent parameters, which can be determined through a combination of theoretical and observational efforts.

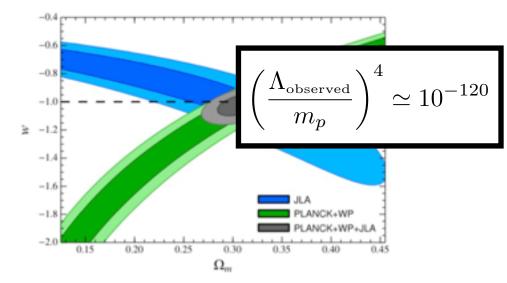


Challenges Moving Forward

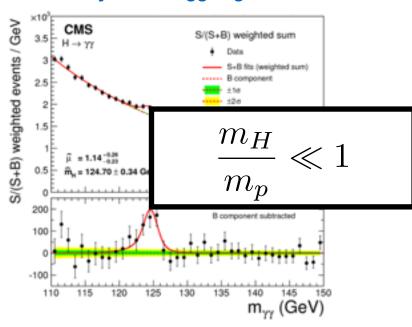
Why is the inflaton light? (Can we determine the scale of inflation?)



Why is the Cosmological Constant small?



Why is the Higgs light?



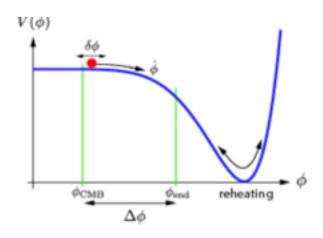


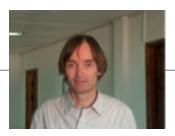
Exciting time for cosmology beyond the standard model!

Thank you for your time.

Two pioneers of inflationary reheating

From Inflation to the Hot Big Bang



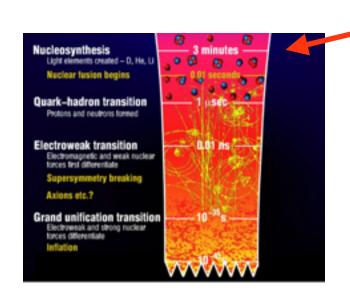


Robert Brandenberger (McGill University)

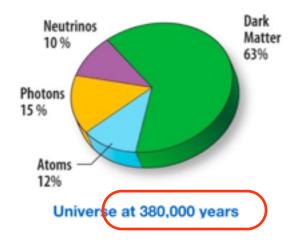


Lev Kofman 1957 — 2009

Observational requirements



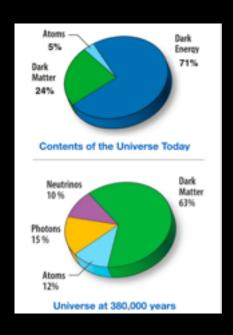
 $T\gtrsim 5~{
m MeV}$ (Billion degrees)

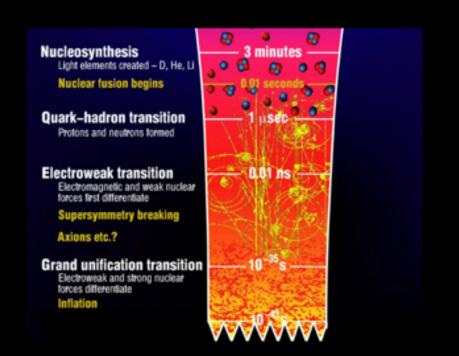




The Bullet Cluster

There is compelling evidence for <u>particle</u> dark matter.





To reveal its particle properties we need to understand its primordial creation.