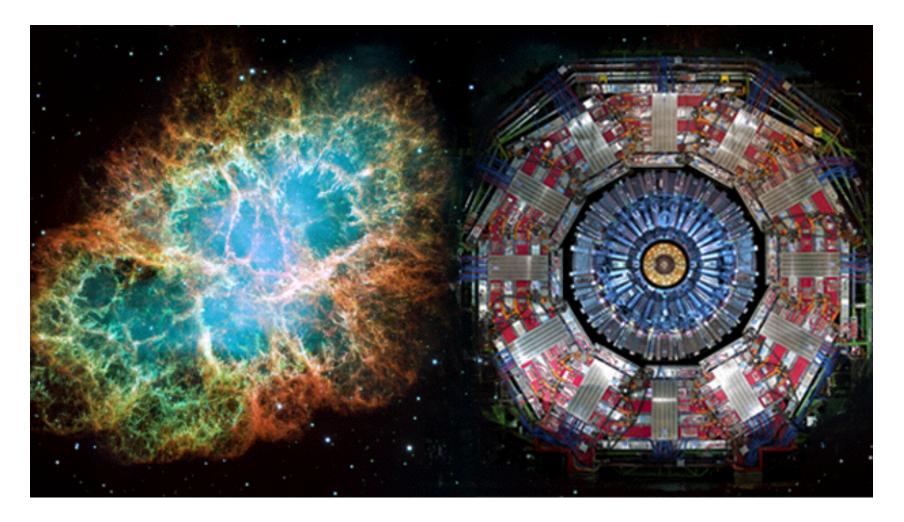
State of the Universe Address

Prof. Scott Watson (Syracuse University)



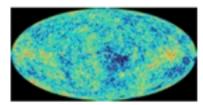
This talk is available online at: <u>https://gswatson.expressions.syr.edu</u>

This research was supported in part by:

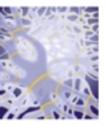




Theoretical Cosmology @ Syracuse







https://gswatson.expressions.syr.edu



Scott Watson Ph.D. Brown University (2005) Particle theory, String theory, and Cosmology



HAPPY BIRTHDAY CRISTIAN!

Cristian Armendariz-Picon Ph.D. Munich (2001) Dark Matter and Observational Cosmology

Research Associate:



Kuver Sinha Ph.D. Rutgers University (2008) Particle theory, String theory, and Cosmology

Graduate Students:



Ogan Ozsoy



Gizem Sengor



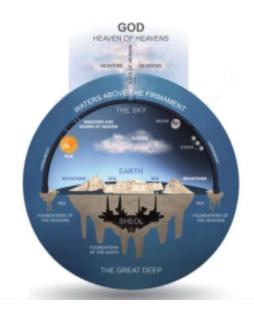
Julian Georg

Group Meetings Every <u>Wednesday</u> <u>11am</u>, <u>room 203</u> (next to the physics office)

You are invited!

Early Days of Cosmology









Early Days of Cosmology

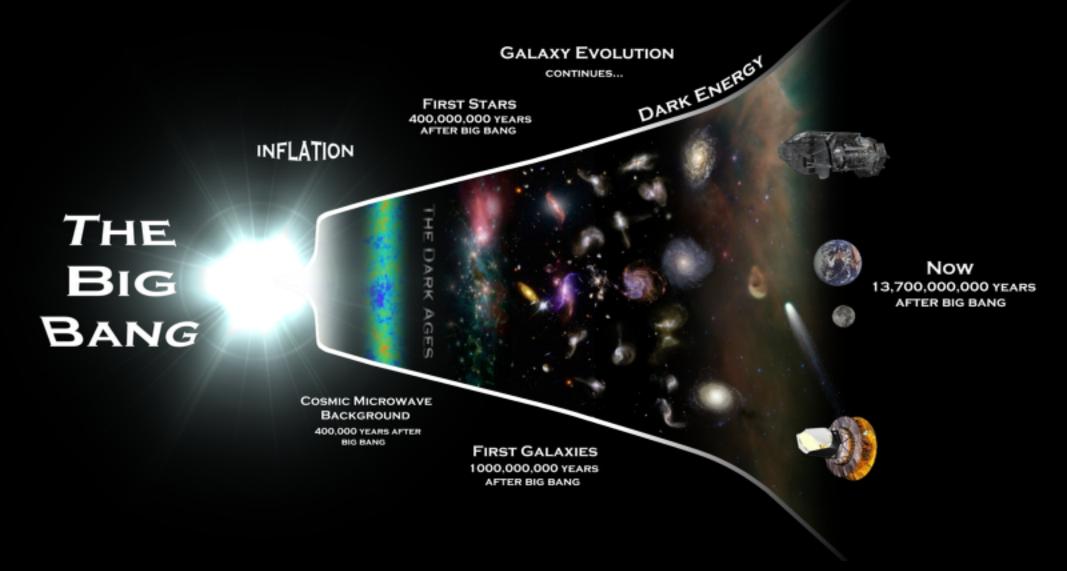


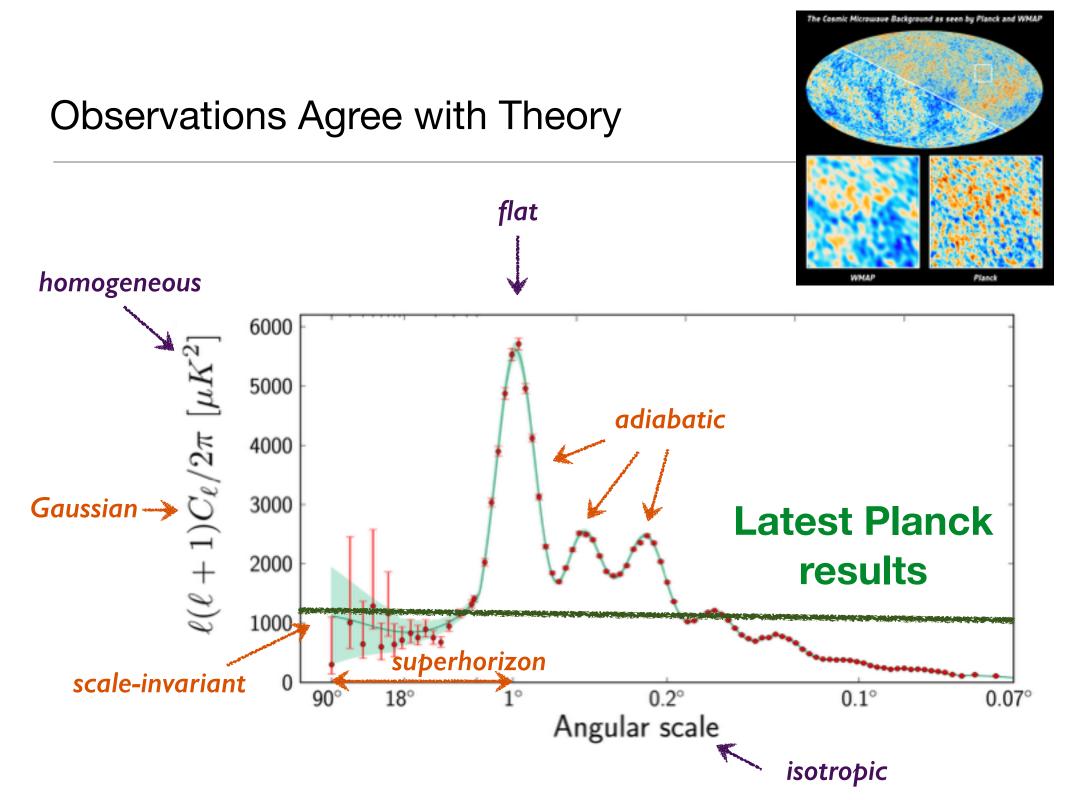
Cosmologists have learned that we are <u>not</u> at the center of the universe.

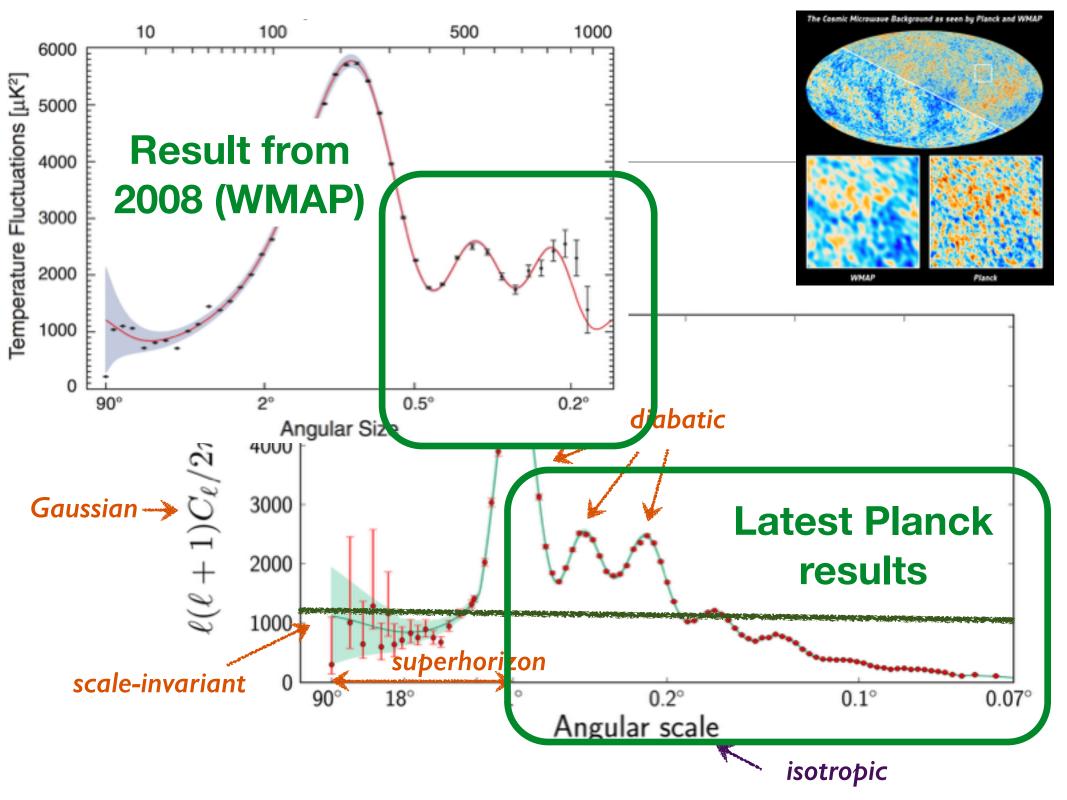




Today's Cosmological Standard Model





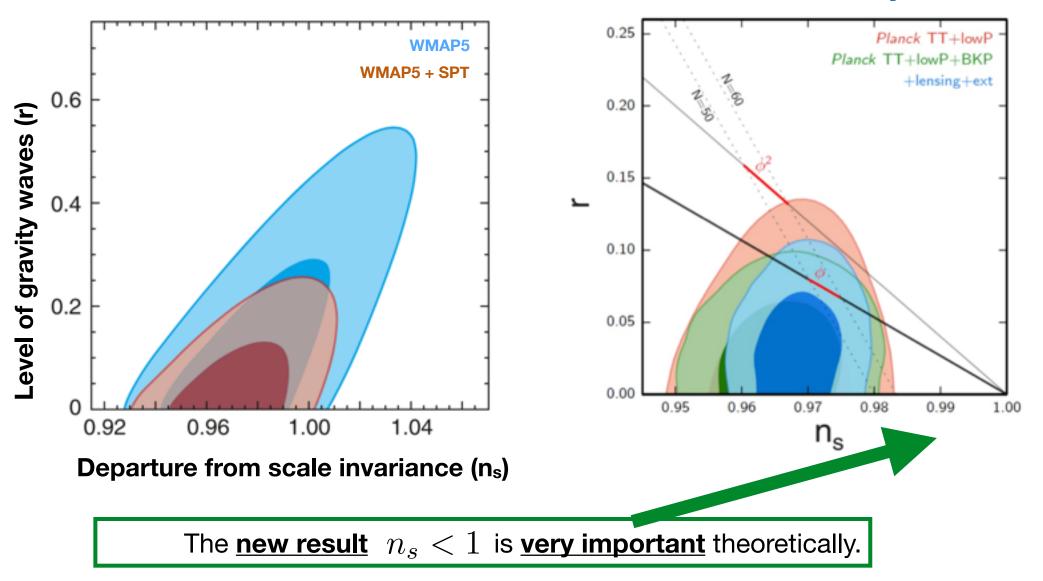


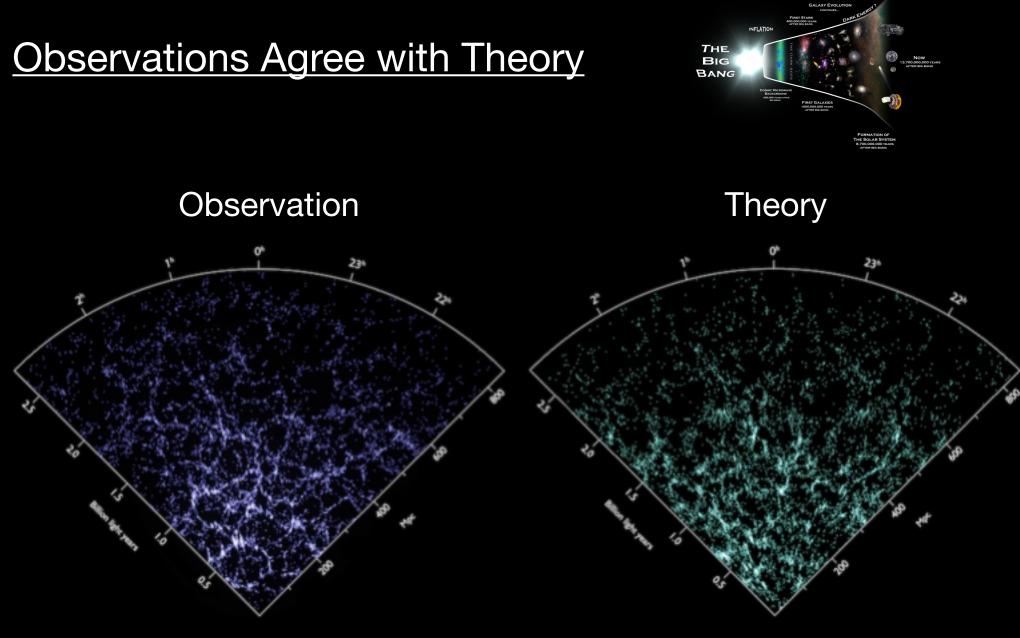


Data today

Improved understanding of Inflation

Data as of 2009





Data from SDSS Collaboration

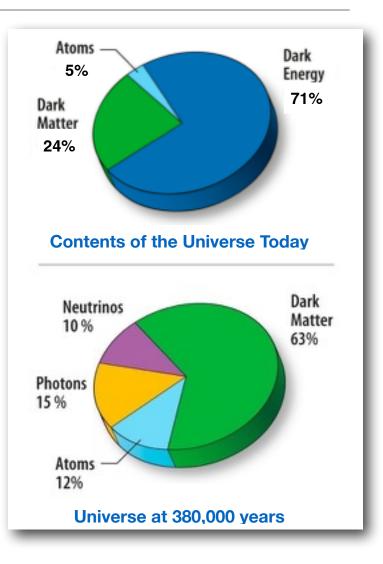
Bolshoi Simulation

High precision observations help us determine the composition and evolution of the universe.

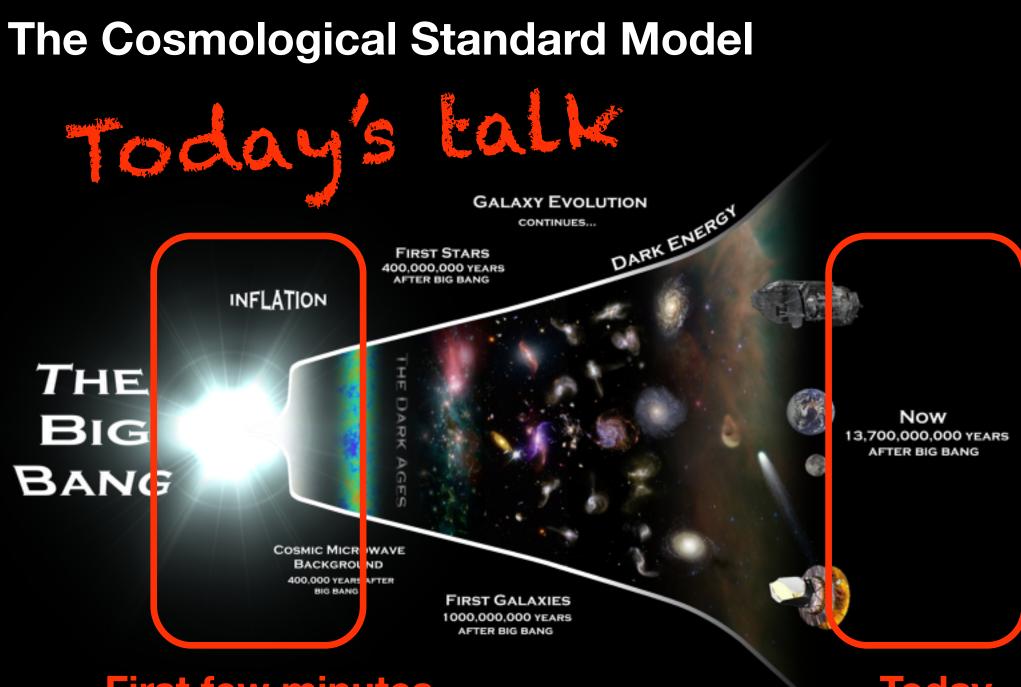
Precision Cosmology

Cosmic Energy Budget Today

- Dark Energy 71.35%
- Dark Matter 24.02%
- Baryons 4.63%
- Early universe remarkably homogeneous
- Very small density contrast (1 / 100,000) at time of CMB decoupling



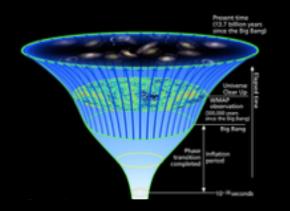
All suggest physics beyond the standard model.

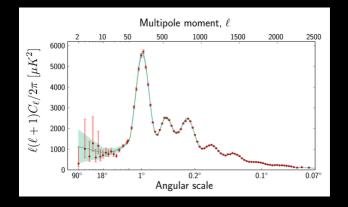


First few minutes

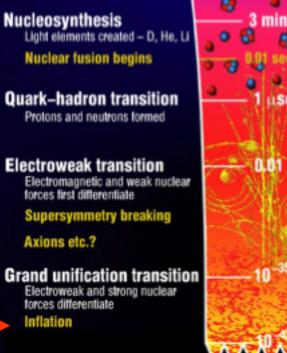
Today

The First Three Minutes





GALAXY EVOLUTION INFLATION THE BIG BANG E SOLAR SYSTEM









Gravity Waves from Inflation

A positive detection of primordial GWs would:

- Confirm Einstein was correct and gravity waves exist.

- Demonstrate that gravity is quantized (Further motivating the need for a quantum theory of gravity — i.e. string theory)

- Provide "smoking gun" evidence that inflation occurred.
- Teach us the energy scale at which inflation took place.
- Allow us to directly probe physics beyond the standard model.



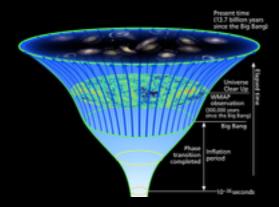
Inflation, its signatures, and possible alternatives have been significant focus of my group's research program:

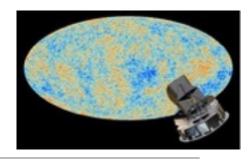
"How Well Can We Really Determine the Scale of Inflation?" with O. Ozsoy and K. Sinha, Phys. Rev. D91 (2015)

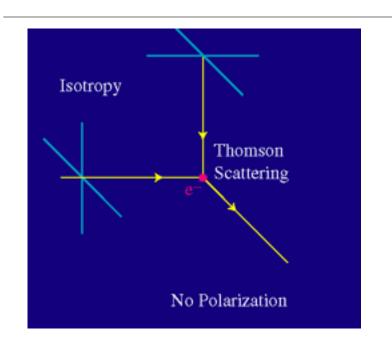
"Decoupling Survives Inflation" with A. Avgoustidis, et. al., JCAP 1206 (2012)

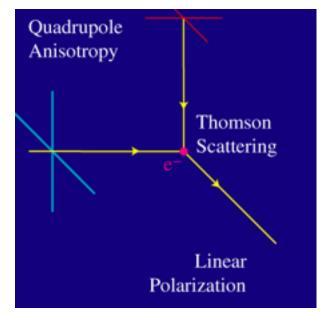
"The Importance of Slow-roll Corrections During Multi-field Inflation " with A. Avgoustidis, et. al., JCAP 1202 (2012)

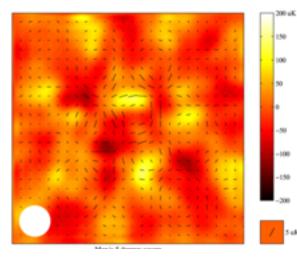




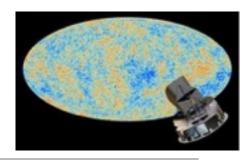




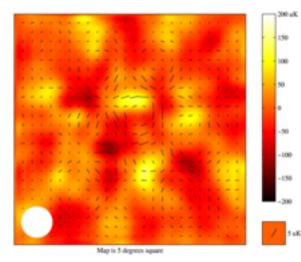




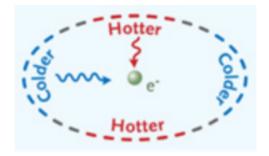




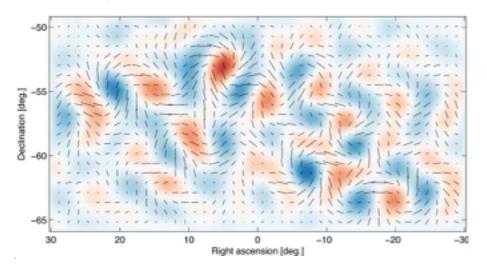
E-mode Polarization (DASI – 2002)



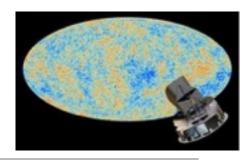




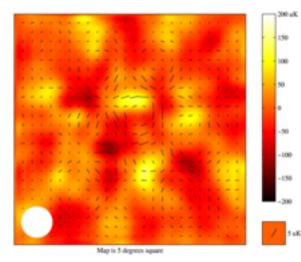
Gravity Waves can also produce B-mode Polarization



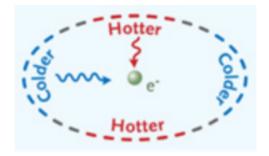




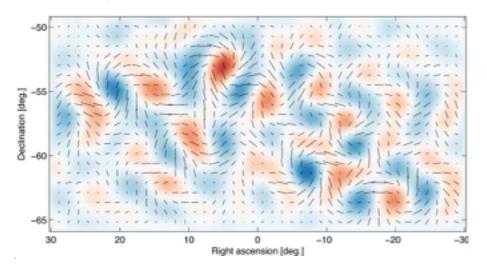
E-mode Polarization (DASI – 2002)







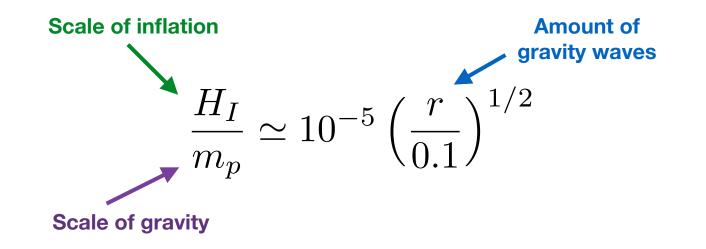
Gravity Waves can also produce B-mode Polarization





The Inflaton Hierarchy Problem

with O. Ozsoy and K. Sinha, Phys. Rev. D91 (2015)



Proximity to scale of quantum gravity makes this problem challenging.

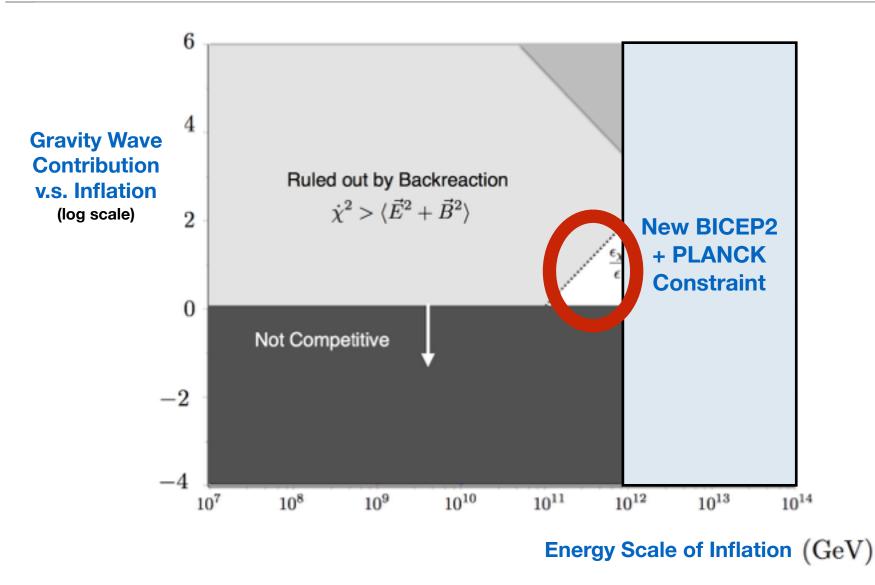
There can be additional sources of primordial gravity waves.



Is there smoking gun evidence for inflation?

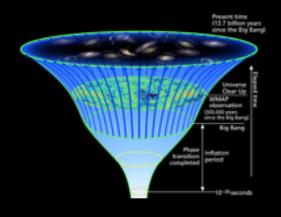
Can we really determine the scale of inflation?

with K. Sinha and O. Ozsoy, arXiv:1410.0016, Phys. Rev. D91 (2015)



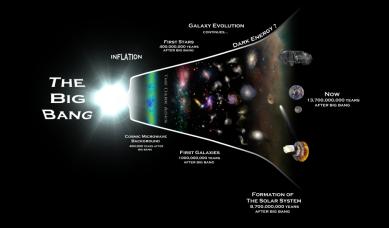
Yes, measurement of gravity waves will tell us the scale of inflation

The First Three Minutes



How does Inflation End?

How does the hot Big Bang proceed?



Nucleosynthesis Light elements created – D, He, Li Nuclear fusion begins

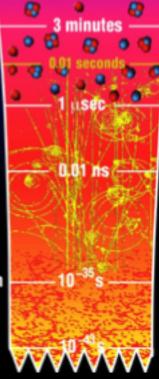
Quark-hadron transition Protons and neutrons formed

Electroweak transition Electromagnetic and weak nuclear forces first differentiate

Supersymmetry breaking

Axions etc.?

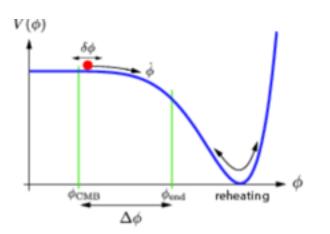
Grand unification transition Electroweak and strong nuclear forces differentiate Inflation



Much less is known about this important process!

Two pioneers of inflationary reheating

From Inflation to the Hot Big Bang



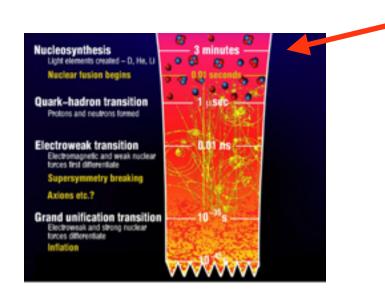


Robert Brandenberger (McGill University)

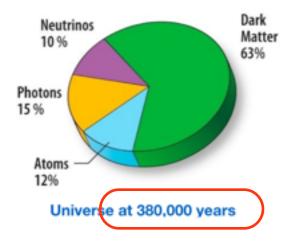


Lev Kofman 1957 – 2009

Observational requirements



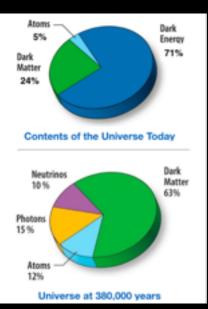
 $T\gtrsim 5~{
m MeV}$ (Billion degrees)

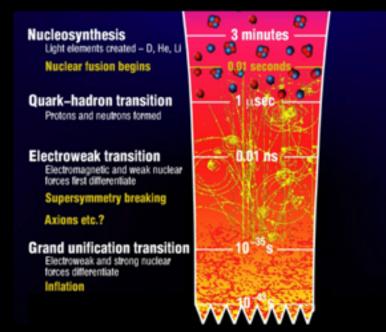




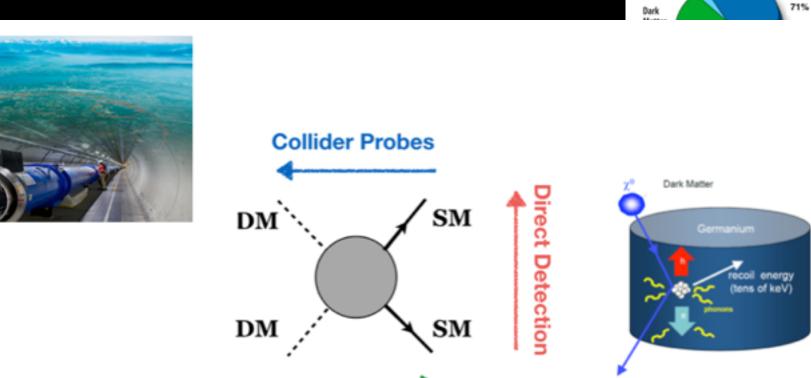
The Bullet Cluster

There is compelling evidence for <u>particle</u> dark matter.

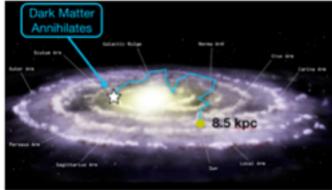




To reveal its particle properties we need to understand its primordial creation.



Indirect Detection

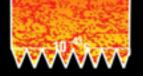


Electroweak and strong nuclear forces differentiate Inflation

Nu

0

E



"WIMP Miracle" $\sigma_{\rm DM\,DM
ightarrow SM\,SM} \simeq 1~{\rm pb}$

Atoms

5%

Dark

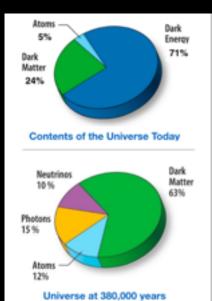
Energy

e)



The Bullet Cluster

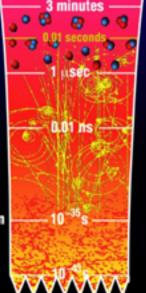
There is compelling evidence for dark matter.



What is the temperature of the Hot Big Bang?

Nucleosynthesis Light elements created - D, He, U Nuclear fusion begins Quark-hadron transition Protons and neutrons formed Electroweak transition 1.01 ns Electromagnetic and weak nuclear forces first differentiate Supersymmetry breaking Axions etc.?

Grand unification transition Electroweak and strong nuclear forces differentiate Inflation



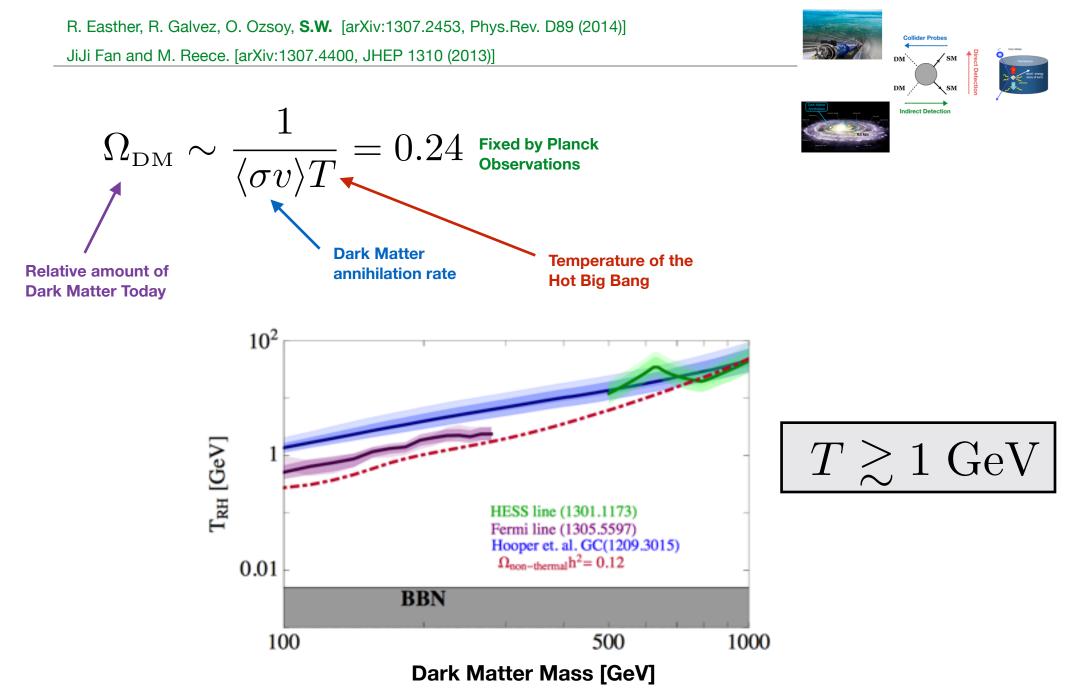
What if the Big Bang occurred after dark matter was created?

(In fact, we demonstrated this is a robust possibility motivated by fundamental theory)

"Cosmological Moduli and the Post-Inflationary **Universe: A Critical Review**"

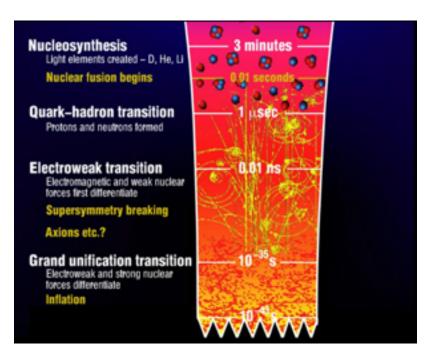
**Invited review with Gordy Kane and Kuver Sinha

Dark Matter and the Temperature of the Hot-Big Bang



Toward Establishing the post-Inflationary Universe

"Cosmological Moduli and the Post-Inflationary Universe: A Critical Review" **Invited review with Gordy Kane and Kuver Sinha



CMB Physics

Extra matter phase changes the way CMB observations are used to constrain inflationary models.

R. Easther, R. Galvez, O. Ozsoy, S.W. [Phys.Rev. D89 (2014)]

Additional relativistic energy from enhanced annihilations of dark matter changes physics of recombination. Slatyer, Padmanabhan and Finkbeiner [Phys.Rev. D80]

Bounds on isocurvature contribution to CMB anisotropies lead to constraints.

L. Iliesiu, D. Marsh, K. Moodley, S.W. [Phys.Rev. D89]

Dark Radiation

Decays to non-Standard Model (hidden sector) radiation can lead to constraints from bounds on new light species (N_{eff}).

L. Iliesiu, D. Marsh, K. Moodley, S.W. [Phys.Rev. D89]

Enhanced Structure on Small Scales

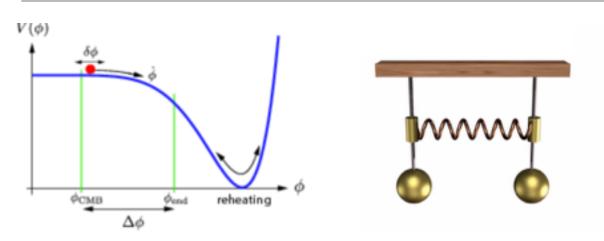
Extra matter phase leads to additional growth of dark matter on small scales, sometime enhancing the predicted number of compact mini-halos

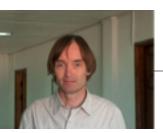
J. Fan, O. Özsoy, S.W. [Phys. Rev. D90 (2014)]

A. Erickcek, K. Sinha, S.W. [To appear soon]

Two pioneers of inflationary reheating

From Inflation to the Hot Big Bang





Robert Brandenberger (McGill University)

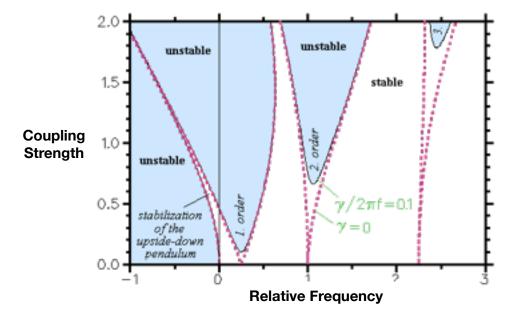


Lev Kofman 1957 – 2009

The transition from inflation to "reheating" can be complicated.

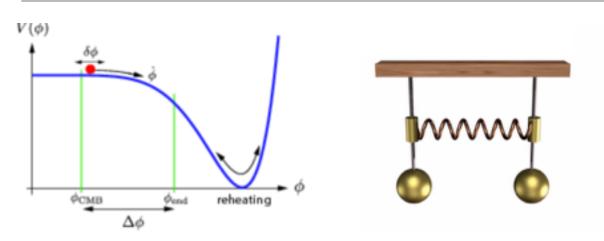
Stages of Reheating:

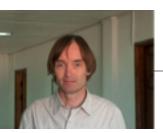
- 1. Non-perturbative (parametric resonance)
- 2. Non-linear Dynamics and Chaos
- 3. Turbulence
- 4. Thermalization



Two pioneers of inflationary reheating

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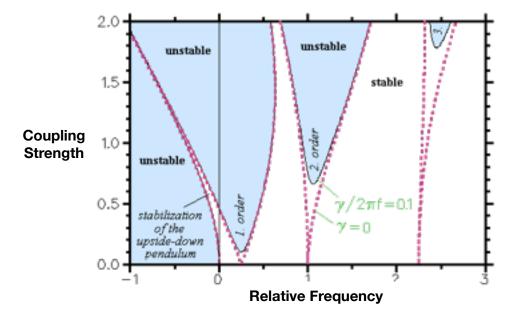


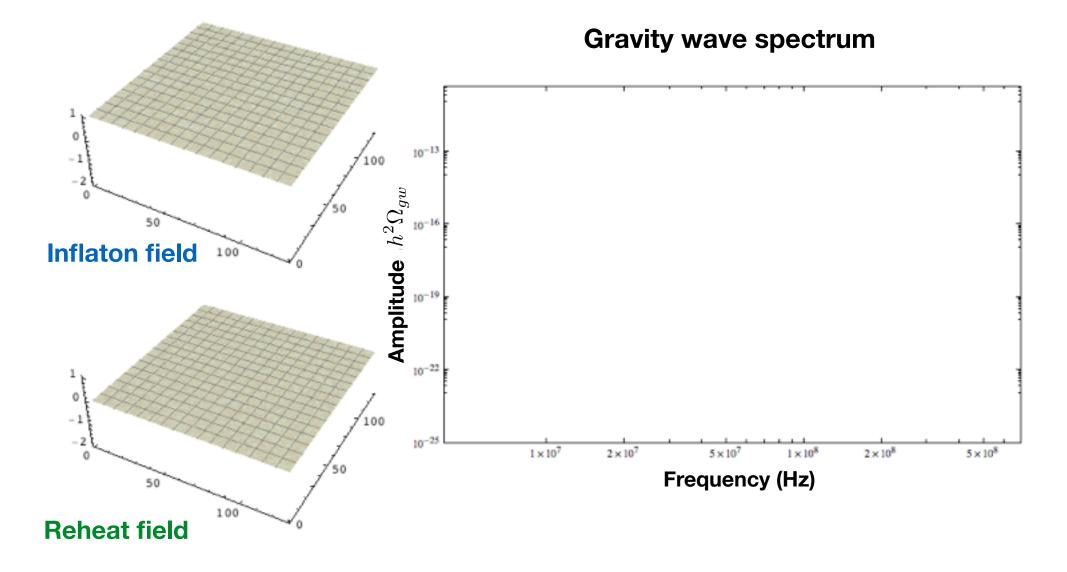
Lev Kofman 1957 – 2009

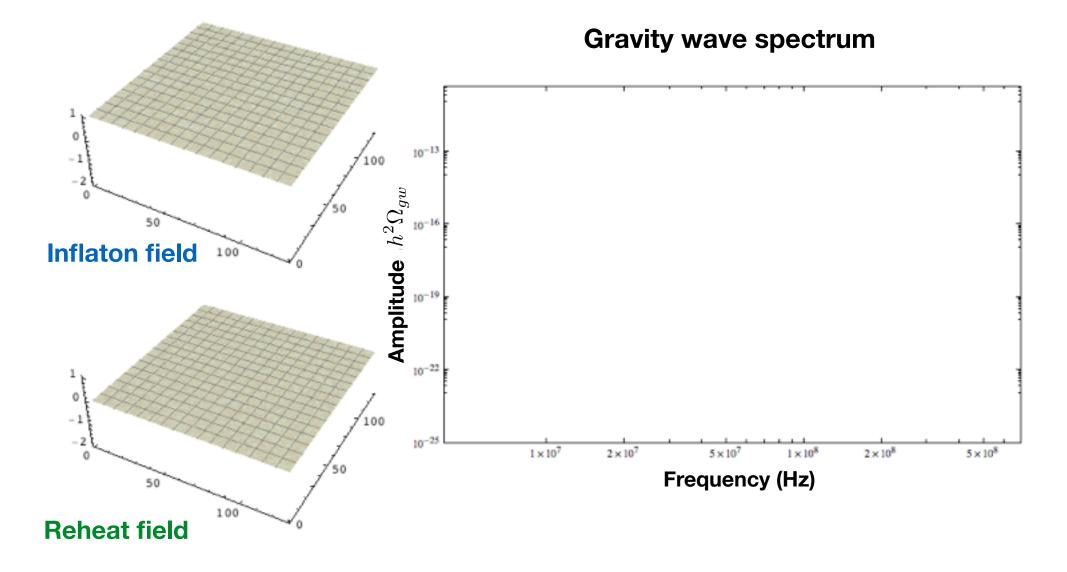
The transition from inflation to "reheating" can be complicated.

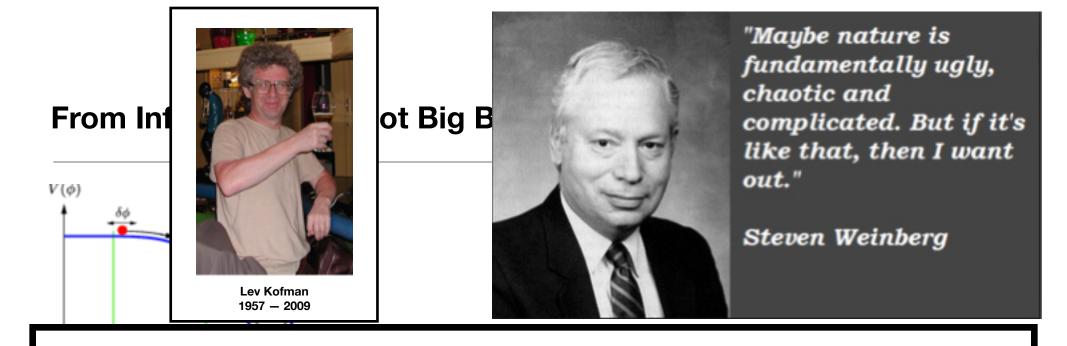
Stages of Reheating:

- 1. Non-perturbative (parametric resonance)
- 2. Non-linear Dynamics and Chaos
- 3. Turbulence
- 4. Thermalization









Establishing a more systematic approach to the reheating processes is an important open challenge.

We would like a way to **classify models** and search for their **universal properties**.

Recent progress: with O. Ozsoy, G. Sengor, and K. Sinha [submitted to PRL]

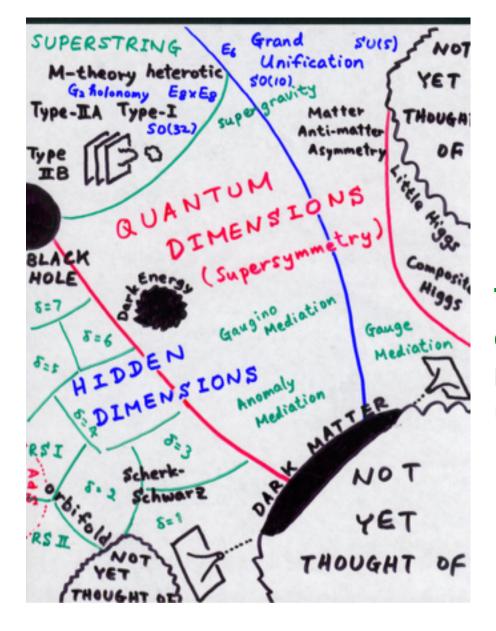
V = 0

Relative Frequency

of the upside-down pendulum

4. Thermalization

A similar challenge existed in the search for the Higgs and Beyond the Standard Model physics



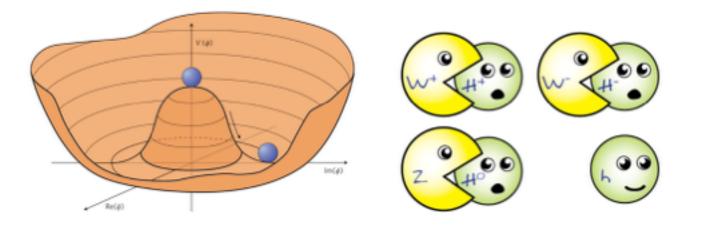
The possible extensions of the Standard Model are many and also contain unknown, unknowns.





Symmetry Breaking and Goldstone Bosons (or, how to get over \$1000K and a gold medal to wear around your neck)

Spontaneous Symmetry Breaking



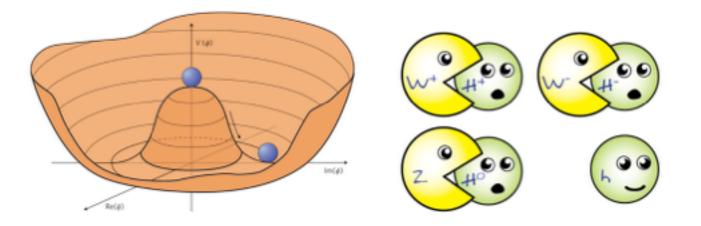
In the broken phase, Goldstone bosons are eaten by Gauge Fields

(assuming gauge fields are present).



Symmetry Breaking and Goldstone Bosons (or, how to get over \$1000K and a gold medal to wear around your neck)

Spontaneous Symmetry Breaking



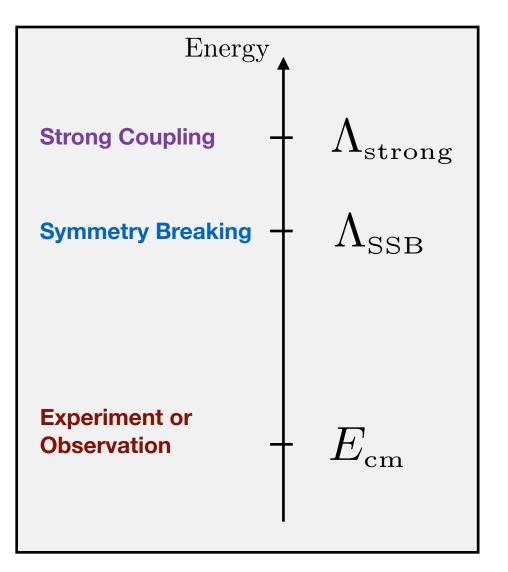
In the broken phase, Goldstone bosons are eaten by Gauge Fields

(assuming gauge fields are present).

<u>The key</u>: The Goldstone approach provides a method for studying the consequences of symmetry breaking at low energies without a detailed knowledge of the higher energy theory.

All we need to know is the symmetry breaking pattern!

Goldstone Bosons and Spontaneous Symmetry Breaking



Electroweak Symmetry Breaking $SU(2) \times U(1)_Y \to U(1)_{\rm EM}$ $\Lambda_{\rm strong} \simeq 800 {
m GeV}$ $\Lambda_{\rm SSB} = \langle h \rangle \simeq 247 \; {\rm GeV}$ Longitudinal components of W and Z gauge bosons are the Goldstones **QCD Symmetry Breaking** $SU(2) \times SU(2) \rightarrow SU(2)_{\text{isospin}}$ $\Lambda_{\rm SSB} \simeq f_{\pi} \simeq 300 \; {\rm MeV}$ $\Lambda_{\rm strong} \simeq 4\pi f_{\pi}$ Pions are the Goldstones

Decoupling Limit (Electroweak Symmetry Case)

 $\Lambda_{\rm Strong} > E_{\rm cm} \gg M_w$

(Equivalence Theorem)

Essential physics captured by Goldstones — Massless theory of scalars (much easier)

Goldstone Bosons and Spontaneous Symmetry Breaking

Electroweak Physics

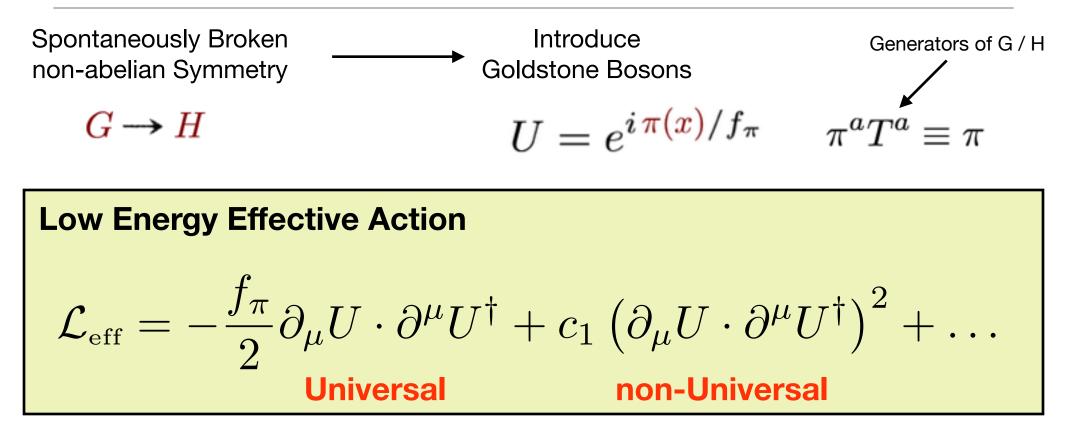
$$\begin{split} L[\pi, \vec{W}, B, h] &= -\frac{1}{2} \pi_u \Box \pi_u - \frac{1}{2} h(\Box + m_h^2) h - \lambda(\pi_u^2 + h^2)^2 \\ &- 4\lambda vh(\pi_u^2 + h^2) - \frac{g}{2} \partial^{\mu} \pi_1(W_{\mu}^3 \pi_2 - W_{\mu}^2 \pi_3) \\ &- \frac{g}{2} \partial^{\mu} \pi_2(W_{\mu}^1 \pi_3 - W_{\mu}^3 \pi_1) - \frac{g}{2} \partial^{\mu} \pi_3(W_{\mu}^2 \pi_1 - W_{\mu}^1 \pi_2) \\ &+ g \partial^{\mu} h(\vec{W}_{\mu} \cdot \vec{\pi}) - \frac{g'}{2} (\pi_1 \partial_{\mu} \pi_2 - \pi_2 \partial_{\mu} \pi_1) B^{\mu} - g \partial_{\mu} h \pi_3 B^{\mu} \\ &+ \frac{1}{2} m_H^2 \vec{W}_{\mu} \cdot \vec{W}^{\mu} + \frac{1}{2} m_B^2 B_{\mu} B^{\mu} - m_{W} m_B W_{\mu}^3 B^{\mu} \\ &+ \frac{g^2}{8} (\vec{W}_{\mu} \cdot \vec{\pi}) (\vec{W}^{\mu} \cdot \vec{\pi}) + \frac{g'^2 v}{4} h B_{\mu} B^{\mu} \\ &+ \frac{g'^2}{8} H^2 B_{\mu} B^{\mu} - \frac{gg'}{2} h^2 W_{\mu}^3 B^{\mu} - \frac{gg'}{2} h W_{\mu}^3 B^{\mu} \\ &+ \frac{g'^2}{8} h^2 B_{\mu} B^{\mu} - \frac{gg'}{2} h W_{\mu}^3 B^{\mu} - \frac{gg'}{2} h W_{\mu}^3 B^{\mu} \\ &+ \frac{g'^2}{4} W_{\mu}^3 B^{\mu} \vec{\pi} \cdot \vec{\pi} - \frac{gg'}{2} \pi_3 B_{\mu} (W_{\mu}^{\mu} \pi_1 + W_{\mu}^2 \pi_2) \\ &+ g' m_W B_{\mu} (W_{\mu}^{\mu} \pi_2 - W_{\mu}^{\mu} \pi_1) + \frac{g'}{2} B_{\mu} (W_{\mu}^{\mu} \pi_2 - W_{\mu}^{\mu} \pi_1) h \end{split}$$

Decoupling Limit (Electroweak Symmetry Case)

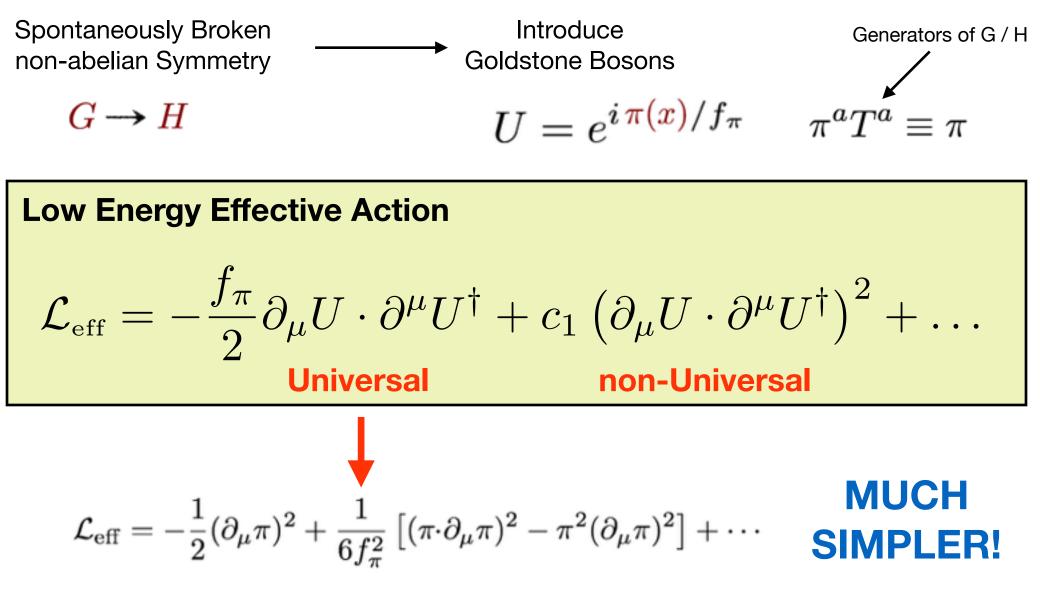
$$\Lambda_{\rm Strong} > E_{\rm cm} \gg M_w$$

Essential physics captured by Goldstones — Massless theory of scalars (much easier)

Symmetry Breaking and Goldstone Effective Theory



Symmetry Breaking and Goldstone Effective Theory



Symmetry is "non-linearly realized"

Goldstones and Cosmology?

The cosmic expansion breaks time translation invariance.

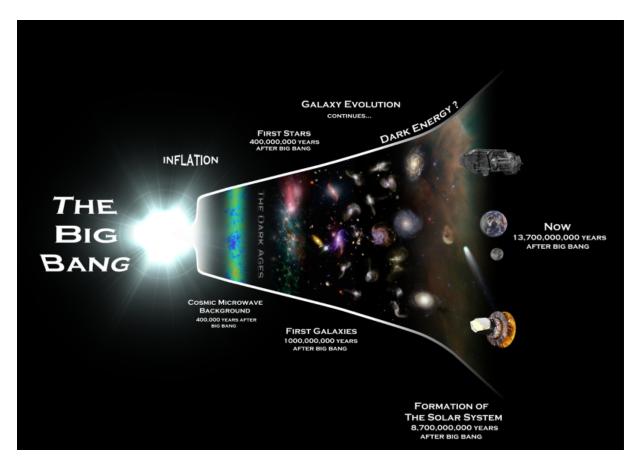
No longer a symmetry

 $t \to t + \xi$

Inflaton breaks the symmetry $\Lambda_{\rm SSB}\sim \dot{\varphi}(t)^{1/2}$

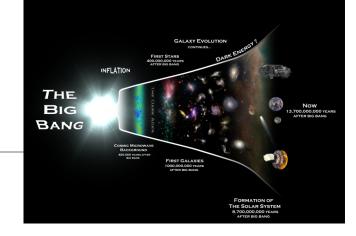
Radiation or matter evolving breaks the symmetry (...) 1/4

 $\Lambda_{\rm SSB} \sim \rho(t)^{1/4}$

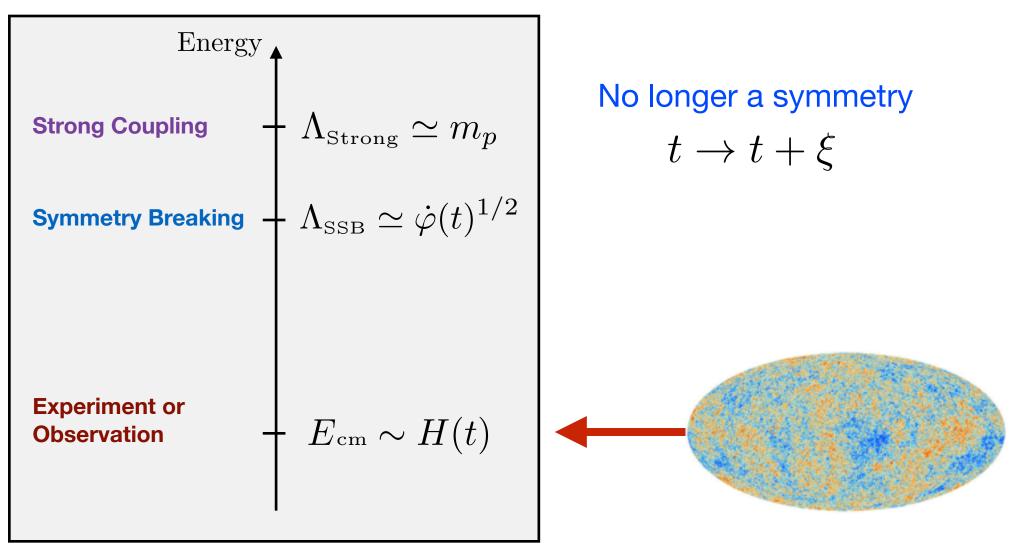


At high energy (small length scales) symmetry is realized. This is spontaneous symmetry breaking!

Example: Slow-roll Inflation

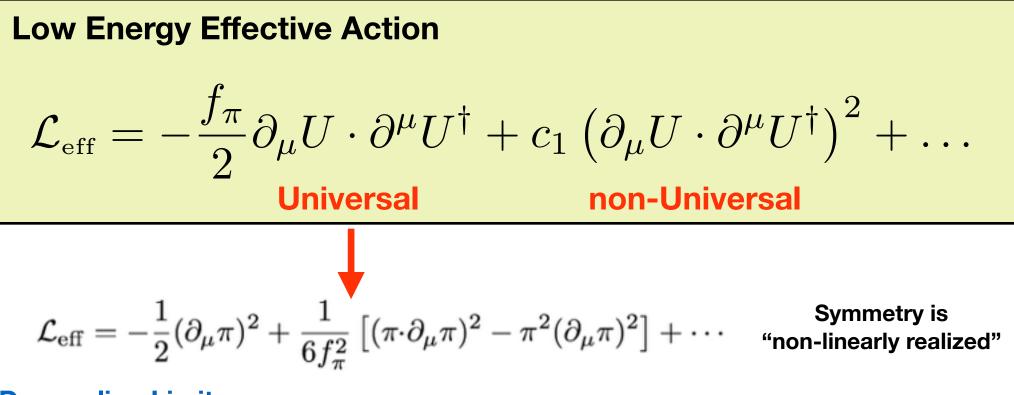


The cosmic expansion implies that time translation invariance is spontaneously broken!



Symmetry Breaking from Cosmic Expansion

Introduce Goldstone Bosons to non-linearly realize time translations $U=e^{i\pi(x)/f_{\pi}}$ $f_{\pi}^2=\dot{\varphi}\simeq\dot{H}^{1/2}m_p$



Decoupling Limit

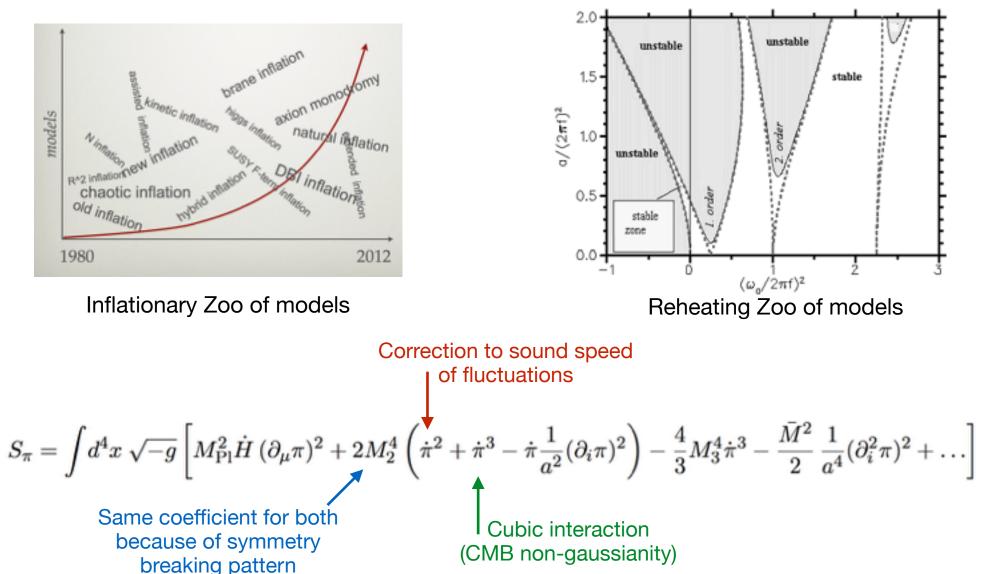
 $\Lambda_{\text{Strong}} > E_{\text{cm}} \gg M_w \longrightarrow m_p > E_{\text{cm}} \gg \dot{H}^{1/2}$ Gravity decouples!

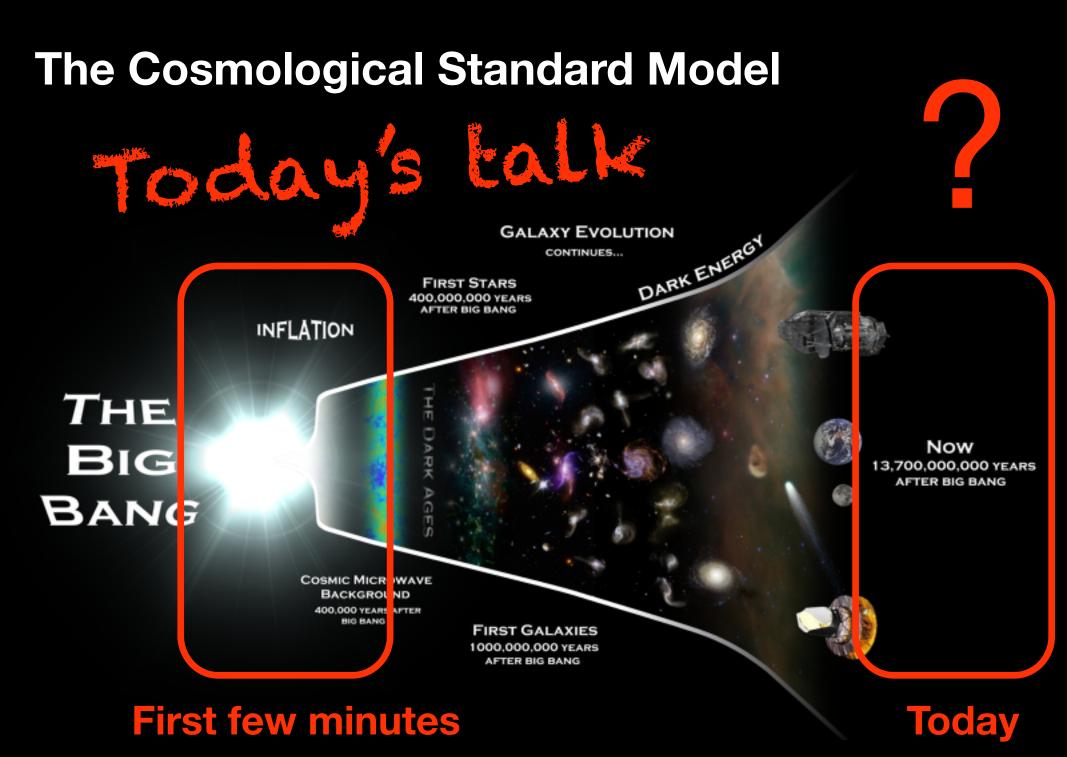
Essential physics captured by Goldstones — Massless theory of scalars (much easier)

Effective Field Theory and Reheating the Universe

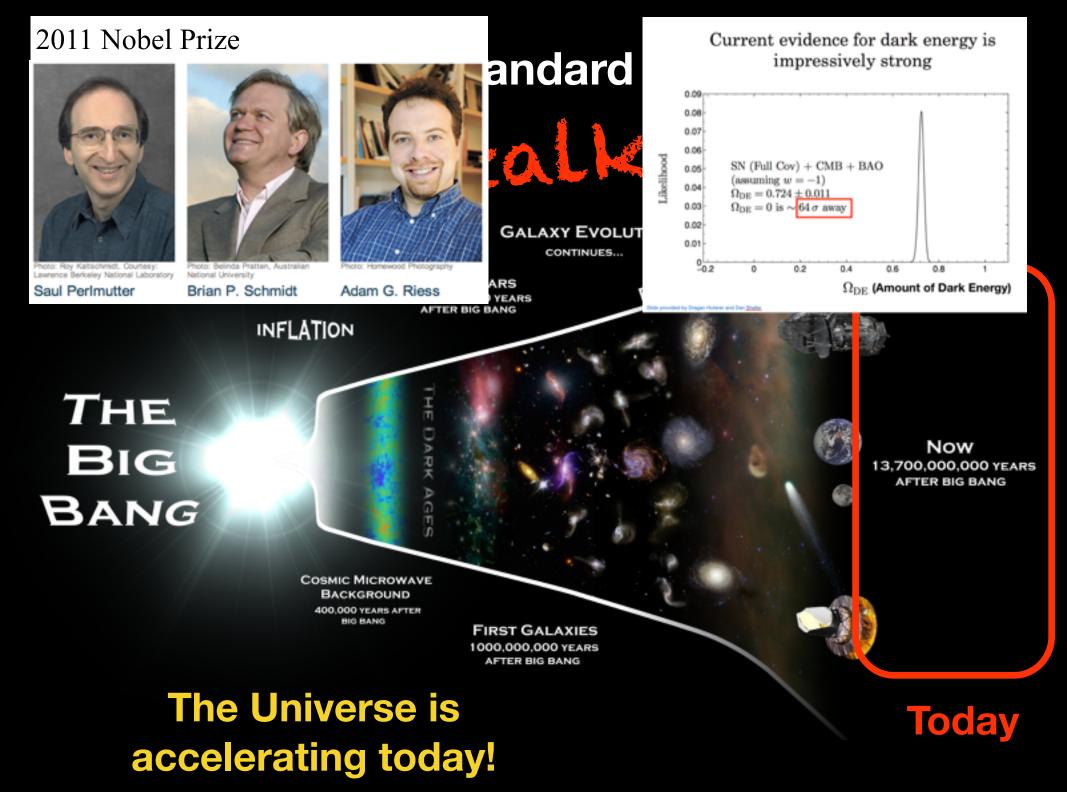
with O. Ozsoy, G. Sengor, and K. Sinha [submitted to PRL]

All models are captured by their symmetry breaking pattern.



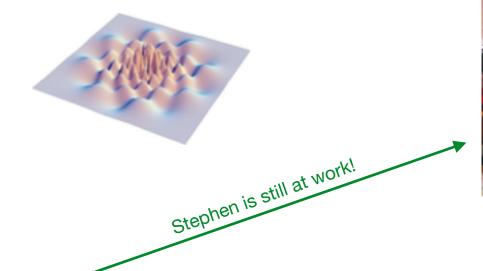


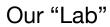
Thank you for coming.



Is the Dark Energy a Cosmological Constant?

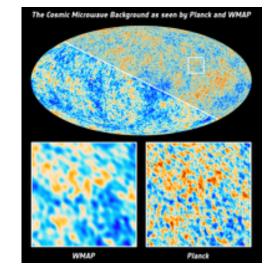
We expect space-time to contain quantum fluctuations



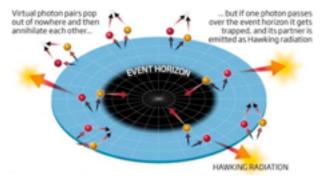




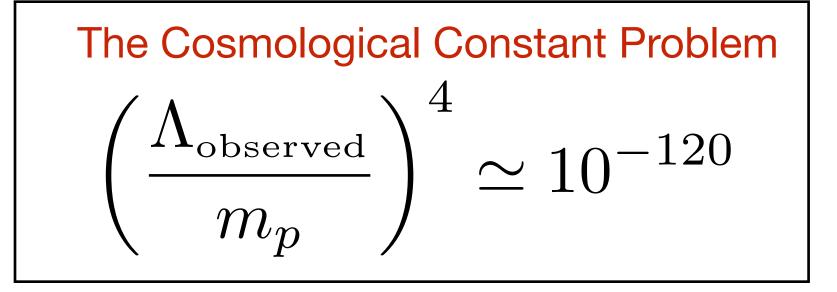
Inflationary Fluctuations



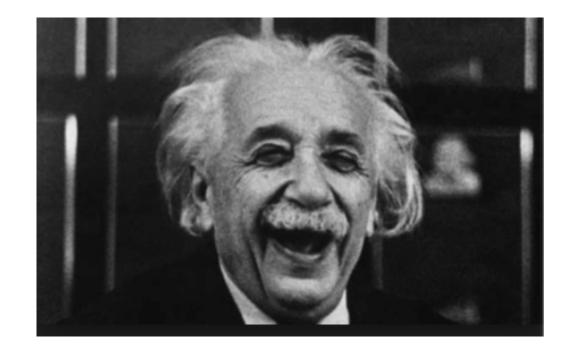
Hawking radiation from Black Holes



Could vacuum fluctuations be causing the acceleration?

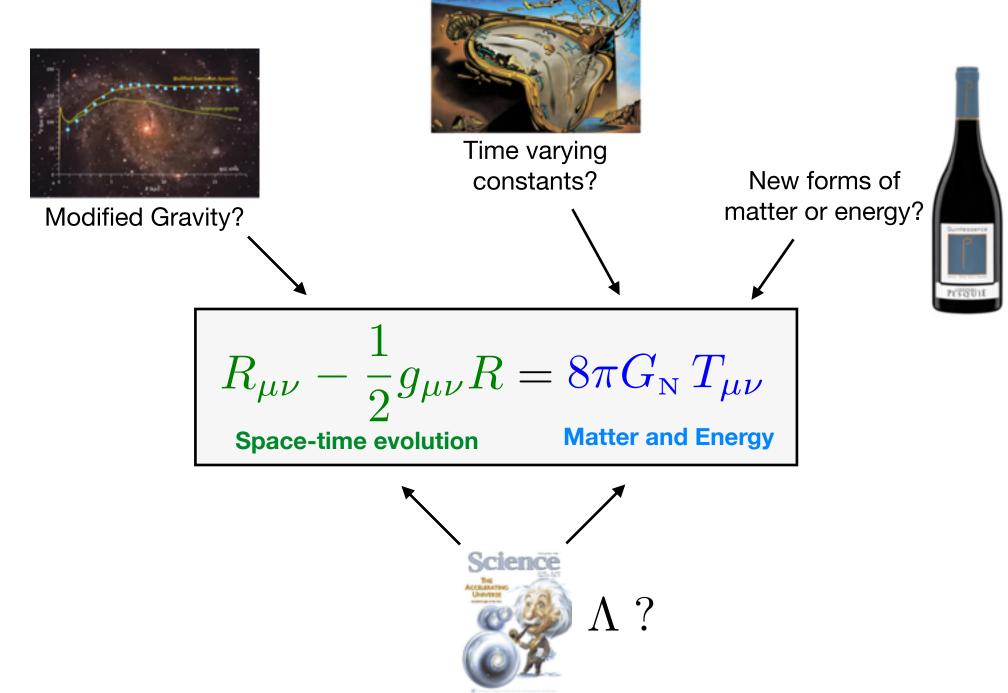


Could vacuum fluctuations be causing the acceleration?



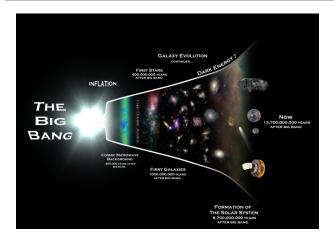
If Dark Energy is not a Cosmological Constant then what is it?

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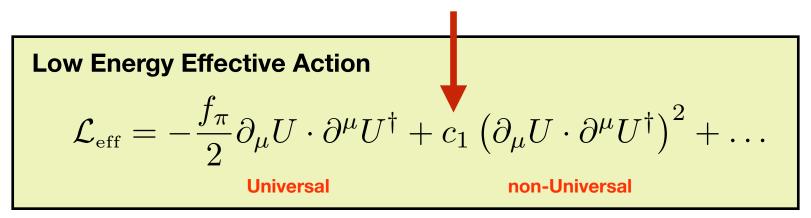
The Effective Field Theory of Cosmic Acceleration

with J. Bloomfield, E. Flanagan, and M. Park [JCAP 1308 (2013)] with R. Bean and E. Mueller [Phys. Rev. D87 (2013)] with M. Park and K. Zurek [Phys. Rev. D81 (2010)]



The cosmic expansion implies that time translation invariance is spontaneously broken

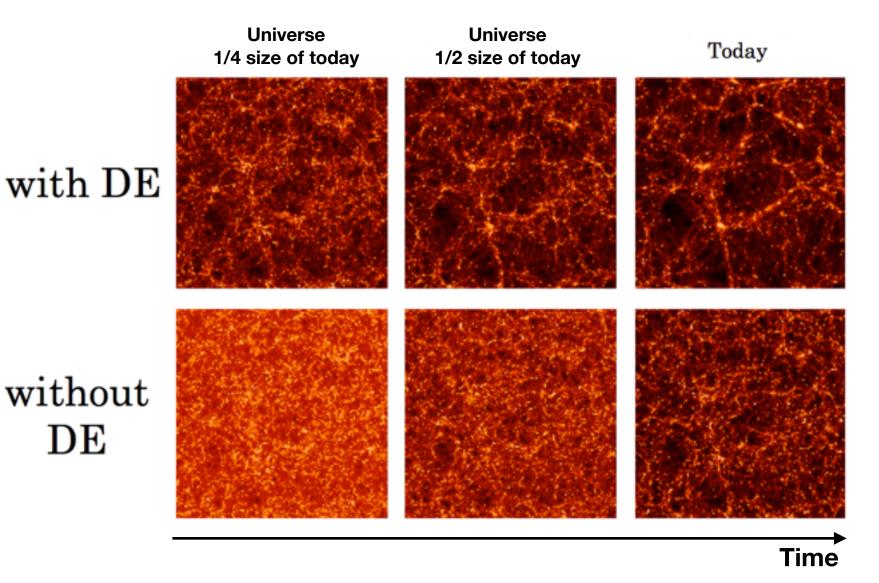
An effective theory approach to cosmic acceleration (dark energy or modified gravity)



Symmetries and **observations** can be used together to restrict free parameters. (like in Electroweak Precision studies)

What observations?

Dark Energy suppresses the growth of density fluctuations

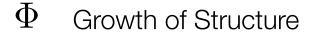


Huterer et al, Snowmass report, 1309.5385

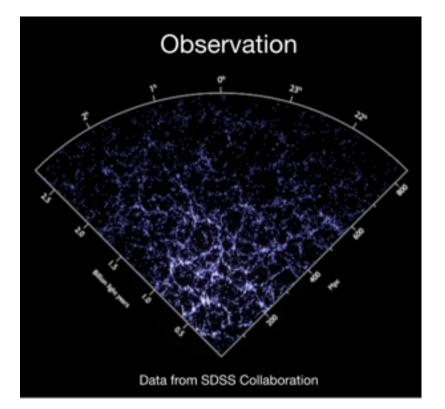
The Virgo Consortium (1996)

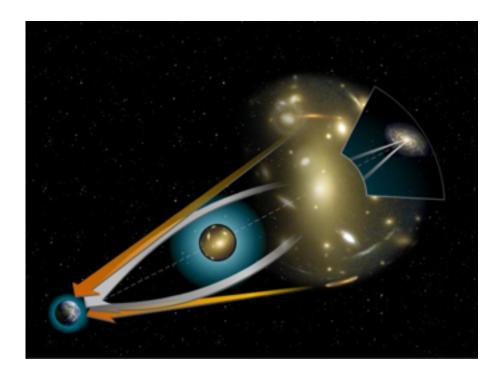
Constraints on the EFT of Cosmic Acceleration

$$ds^{2} = -(1+2\Phi) dt^{2} + a^{2} (1-2\Psi) d\vec{x}^{2}$$



 $\Phi+\Psi$ Gravitational Lensing

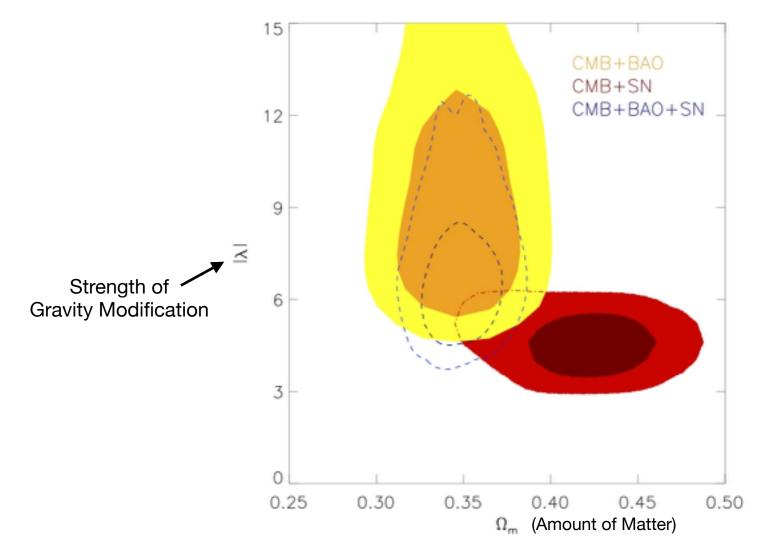






A Unified Approach to Cosmic Acceleration

with J. Bloomfield, E. Flanagan, and M. Park [JCAP 1308 (2013)] with R. Bean and E. Mueller [Phys. Rev. D87 (2013)] with M. Park and K. Zurek [Phys. Rev. D81 (2010)]

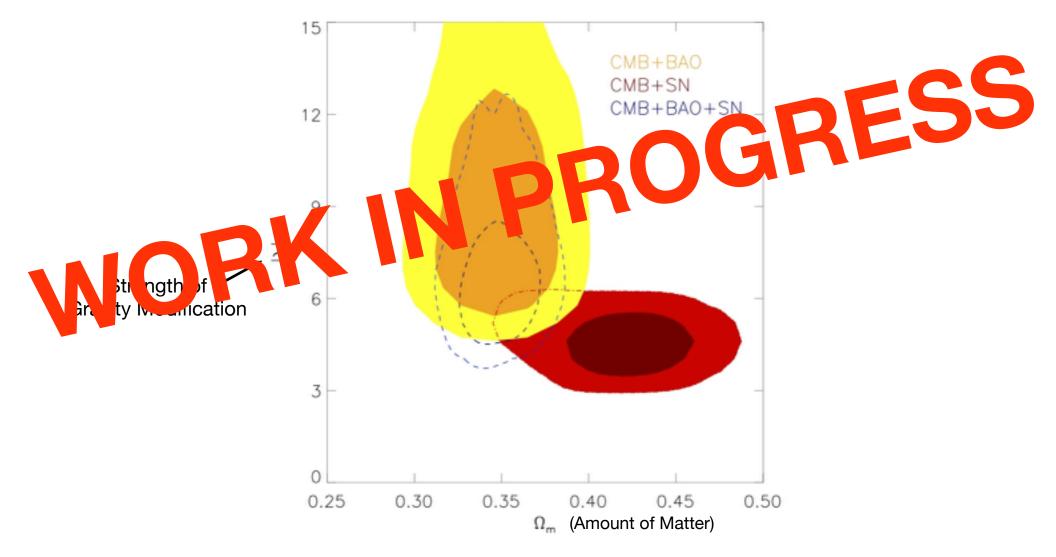


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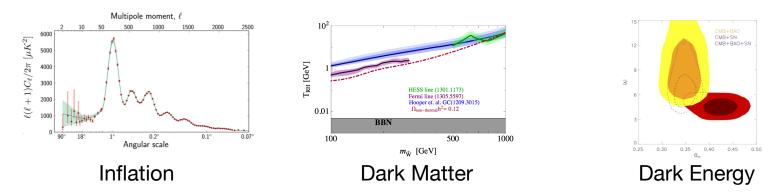


with R. Bean and E. Mueller [Phys. Rev. D87 (2013)]

Summary: State of the Universe

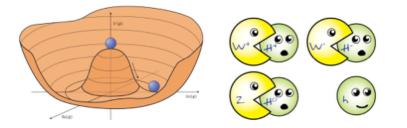
What has changed since I took (my) office in 2010?

Data has dramatically improved helping to focus model building.

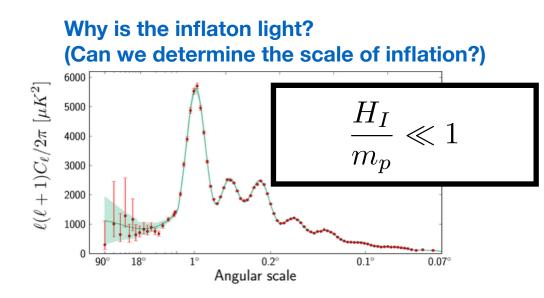


We have developed powerful techniques that utilize symmetries to establish <u>universal</u> properties of models.

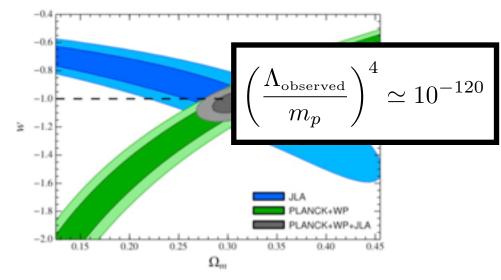
This approach isolates model dependent parameters, which can be determined through a combination of theoretical and observational efforts.



Challenges Moving Forward

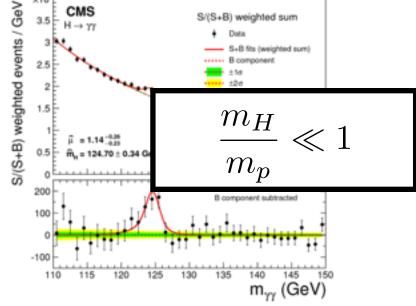


Why is the Cosmological Constant small?



Why is the Higgs light?

×10



Exciting time for cosmology beyond the standard model!

Thank you for your time.